# Nebraska Wesleyan University Athletic Training Program

(Accredited by the Commission on Accreditation of Athletic Training Education)

## **Policies and Procedures Manual**

**Updated May 2018** 



#### **STUDENT MANUALVERIFICATION**

Name:	Academic Year:
I verify that I have read the Student M University Athletic Training Program	Ianual and agree to abide by the Nebraska Wesleyan 's Policies and Procedures.
Student Signature:	Date:
	PROGRAM DIRECTOR ONCE YOU HAVE READ THE BITED FROM OBSERVING UNTIL THE FORM IS SUBMITTED.

Note: Students are required to review the manual when first beginning observation experiences or when a student is new to the Program. In addition, if a specific policy is updated, the policy will be distributed for students to read and a signature will be required, indicating the policy has been read. In the event major revisions are made to the manual students will be required to review the entire

manual and submit a form verifying the updated manual has been read.

The information in this handbook is not intended to be fully comprehensive. Students should also refer to policies or procedures that are found in the Nebraska Wesleyan University Course Catalog and on the Nebraska Wesleyan University and Athletic Training Program websites.

Nebraska Wesleyan's Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education 6836 Austin Center Blvd., Suite 250, Austin, TX 78731-3193



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#### ATHLETIC TRAINING PROGRAM PERSONNEL

#### ATP Director/Clinical Education Coordinator/Visiting Instructor

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#### **Associate Professor**

Mark Stutz, PhD, LAT, ATC Weary Center 206 (402) 465-2277 mstutz@nebrwesleyan.edu

#### **Head Athletic Trainer/Instructor/Preceptor**

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#### **Assistant Athletic Trainer/Instructor/Preceptor**

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#### Assistant Athletic Trainer/Instructor/Preceptor

Mitch Kurtenbach, MA, LAT, ATC Weary Center 247 (402) 465-7504 mkurtenb@nebrwesleyan.edu

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#### **Staff Assistant**

Deanna Hanke Weary Center 226 (402) 465-2366 dhanke@nebrwesleyan.edu

#### Medical Director/Preceptor

Dr. Douglas Koch, MD – Lincoln Orthopaedic Center 6900 A Street, Lincoln, NE 68510 402-436-2000

## **ATHLETIC TRAINING PROGRAM PERSONNEL (Continued)**

**Preceptors:** 

Site	Preceptor Name	Title
Alivation Health	Dr. Marlon Weiss	Physician
Crossroads Physical	Charissa Johnson, DPT, ATC	Physical Therapist
Therapy		
Iowa Western	Shannon Gehr, MA, LAT, ATC	Athletic Trainer
Community College	Joe Miller, MS, LAT, ATC	Athletic Trainer
	Andrew Mohr, MS, LAT, ATC	Athletic Trainer
Lincoln East High	Mac McQuistion, LAT, ATC	Head Athletic Trainer
School	Nicole Walkup, MS, LAT, ATC	Assistant Athletic
		Trainer
Lincoln Northeast High	Shannon Elkins, LAT, ATC	Athletic Trainer
School	Katie Kittleson, LAT, ATC	Athletic Trainer
Lincoln North Star	Justin Eggleston, LAT, ATC	Head Athletic Trainer
High School	Tyler Vrba, MSE, LAT, ATC	Assistant Athletic
		Trainer
Lincoln Midget	Rachel Hall, LAT, ATC	Athletic Trainer
Football League	Matt Honerman, MS, LAT, ATC	Athletic Trainer
	Megan Neemann, LAT, ATC	Athletic Trainer
	Ryan Pederson, MS,LAT,ATC	Athletic Trainer
	Tim Tommerup, MS, LAT, ATC	Athletic Trainer
	Kyle Younkin, MA, LAT, ATC	Athletic Trainer
Lincoln Orthopedic	John Linn, MPT, OCS, ATC	Physical Therapist
Physical Therapy		
Lincoln Southeast High	Cindy Benda, LAT, ATC	Athletic Trainer
School	Micha Hamik, LAT, ATC	Athletic Trainer
Peak Physical Therapy	Jeff Booher, PT, ATC	Physical Therapist
People's City Mission	Karen Schrader, PA-C	Physician Assistant
Free Medical Clinic		
Pius X High School	Drew Erks, MS, LAT, ATC	Athletic Trainer
Snyder Physical	Chuck Kasson, DPT, ATC, CSCS	Physical Therapist
Therapy		
Waverly High School	Cassie Metzner, MA, LAT, ATC	Athletic Trainer
Synergy Chiropractic	Brad Hochstein, DC	Doctor of Chiropractics
Spine & Joint Center	Tyler Ideus, DC	
	Scott Keller, DC	
University of Nebraska	Robin Bowman, MEd, LAT, ATC	Assistant Director of IPC
Lincoln, IPC	Kessy Hergenrader, MEd, LAT,	IPC Coordinator
	ATC	IDC Coordinator
	Jennifer Krueger, MA, LAT, ATC	IPC Coordinator

### **Other Instructional Staff**

Although not listed above, please note that a variety of additional faculty assist in instructing the core requirements of the athletic training program. These individuals instruct in the areas of human anatomy and physiology, psychology, exercise physiology, kinesiology/biomechanics, and nutrition.

#### MISSION STATEMENT

The Athletic Training Program at Nebraska Wesleyan University prepares students for a career in Athletic Training by providing them the skills and knowledge to practice in a variety of settings while allowing opportunities for intellectual and personal growth within the framework of a liberal arts education.

#### **Expected Student Outcomes**

Graduates of the Nebraska Wesleyan Athletic Training Program will:

- 1. Develop mastery of the knowledge, skills and abilities required of an entry-level athletic trainer (NWU CILO 1, 5, 6).
- 2. Be prepared for employment in a variety of athletic training and healthcare settings (NWU CILO 5, 6).
- 3. Employ skills and communication techniques appropriate for serving diverse patient populations (NWU CILO 2, 3, 6).
- 4. Understand the importance of being involved in and network through professional organizations (NWU CILO 3, 4).
- 5. Value ethical principles and behavior required of a healthcare professional (NWU CILO 3, 4).

#### **Description of the Profession**

A Certified Athletic Trainer (ATC) is a highly skilled allied health professional educated and experienced in the management of injuries and illnesses associated with the physically active. An Athletic Trainer (AT) is employed in a variety of settings including professional sports, collegiate athletics, secondary school athletics, amateur athletics, rehabilitation clinics, industry and other settings. Athletic Trainers work closely with medical personnel, administrators, coaches and parents to provide effective athletic health care.

The athletic trainer's professional preparation involves the development of specific competencies in the following domains: injury and illness prevention and wellness protection; examination, assessment, and diagnosis; immediate and emergency care; therapeutic intervention; and healthcare administration and professional responsibility. These competencies are developed through classroom instruction and over three years (6 semesters of clinical experience) at Nebraska Wesleyan University.

#### **Description of the Program**

The Nebraska Wesleyan University (NWU) Athletic Training Program (ATP) is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The program teaches the entry-level athletic training competencies as determined by the *BOC Practice Analysis* (6<sup>th</sup> edition). Students gain the necessary knowledge, skills and abilities through classroom learning and clinical experiences.

#### **ADMISSION REQUIREMENTS**

The Athletic Training program leads to a Bachelor of Science degree with a major in Athletic Training. Students who wish to pursue this degree must be formally admitted to the program. This is a selective admissions program with a competitive admission process. Acceptance into the program is based on the admission material completed and submitted to the Program Director (or postmarked) on or before March 15. To see all admissions requirements, visit the *Athletic Training Program* website. Contact the Program Director for application materials.

Students typically apply the Spring Semester of their Freshman Year. Transfer students usually apply the Spring Semester before they intend to enter the program. Acceptance into the program is based on the following material completed and submitted into the Program Director on or before March 15th:

- Application form
- Essay
- Copy of college transcripts students must have a minimum cumulative GPA of 2.75 or higher and must maintain a minimum cumulative GPA of 2.75 while in the program
- Three recommendation forms, one of which must come from an allied health professional
- Completed or be in the process of completing AT/HHP 1270 Advanced Emergency Care with a "B" or better
- Completed or in the process of completing AT/HHP 1300 Prevention and Care of Athletic Injuries with a grade of "B" or better
- Complete 30 hours of observation under a certified athletic trainer within the past year
- Be a full-time student at Nebraska Wesleyan University (upon starting the program)

After the application materials for the Athletic Training Program are submitted, they are reviewed by the Athletic Training Program Selection Committee and qualified applicants will interview with the committee.

#### Student Transfer Policy

Transfer students need to contact the NWU Athletic Training Program Director early in the recruiting process. Transfer students must meet the following eligibility requirements:

- 2.75 overall grade point average
- Completed or be in the process of completing AT/HHP 1270 Advanced Emergency Care with a "B" (3.0) or better
- Completed or be in the process of completing AT/HHP 1300 Prevention and Care of Athletic Injuries with a grade of "B" (3.0) or better
- Complete 30 hours of observation under a certified athletic trainer

Prospective transfer students must have successfully completed AT/HHP 1270 and AT/HHP 1300 at an accredited institution of higher education and upon consultation with the Program Director to determine proficiency mastery. Prospective students that have not completed AT/HHP 11270 and/or AT/HHP 1300 are ineligible to apply until they have successfully completed both of those courses. If admitted, transfer athletic training students will be required to complete six semesters of clinical experiences at NWU. The Athletic Training Program is a competitive enrollment program.

#### **Archway Athletic Training Honors Admission**

The Archway Athletic Training Honors Admission (AATHA) program offers highly qualified students a guaranteed place among the limited available spaces in the Athletic Training Program. No more than one half of the maximum students allowed per cohort may be admitted under the AATHA, and the AATHA slots are filled on a first-come, first-serve basis (based on date admissions deposit is received by the Admissions Office). As AATHA candidates successfully complete the requirements to maintain their status, the program's admission application (including the application, essay and recommendation forms) is waived. AATHA students must still complete the course requirements, observation hours, and committee interview in order to begin the program.

AATHA admission is granted for *High School Students* meeting these criteria by the end of their senior year of high school:

- High school eligibility requirements
- Minimum score of 23 on ACT or comparable score for SAT
- Cumulative GPA: 3.5 or above

AATHA admission is granted to *College Transfer Students* meeting these criteria:

- College Cumulative GPA: 3.0 or above
- No repeated courses
- No pass/fail courses or labs in sciences
- No grade below C (2.0) in any course required for the major

#### Requirements at NWU to maintain AATHA status (prior to starting in the Program):

- Must be full time student (at least 12 credits per semester) and follow required curriculum
- Must meet with a Nebraska Wesleyan University Athletic Training faculty advisor a minimum of once per semester to plan and monitor course progression
- Maintenance of cumulative 3.00 GPA
- No repeated courses
- No pass/fail courses or labs in sciences
- A grade below C (2.0) in any course is not accepted
- Successful completion of the interview process

AATHA candidates who do not meet the requirements prior to the admission decisions being made may still apply for admission to the Athletic Training Program via the standard admission process.

Administration opens this program equally to both men and women, and will not discriminate according to race, color, creed, gender, sexual orientation, age, or disabling conditions.

Upon acceptance into the program the student must complete three years (6 semesters) of coursework and clinical experience. In addition to the uniform package below, students must have the clothing to meet the NWU ATP Dress Code which includes khaki, black or gray dress pants/shorts; or black or gray windpants (from the optional clothing order form). The student must submit the following before clinical experiences can begin:

- TB skin test (and repeat annually)
- Be current on all vaccinations and submit an immunization record

- Hepatitis B vaccination or sign a waiver
- Have read and signed the *Technical Standards in Athletic Training* document (located in the ATP Policy and Procedure Manual and on the NWU ATP website)
- Have a physical on file with the Program Director (this will be conducted at NWU)
- Submit proof of health insurance and an *Emergency Contact Form*
- Background Check (approximately \$27)
- Copies of AED/CPR for the Professional Rescuer and First Aid Cards or similar certifications (must be kept current throughout the program)
- Proof of NATA Membership (must renew annually)
- \$13.00 for an NWU ATP nametag
- Order form and money for the program uniform package (1 polo, 3 T-shirts, 1 jacket). The cost is approximately \$165. This is the maximum the student will spend on uniforms unless he/she wishes to update his/her wardrobe on his/her own.

Note: Once admitted into the Athletic Training Program, students are covered with liability insurance provided by the Nebraska Wesleyan University at no charge to the student.

Athletic training students admitted to the program may incur additional costs associated with clinical experiences such as gas money to drive to off-campus sites, dues for the ATSA (\$5 annually), etc. Retention within the Athletic Training Program, policies specific to transfer students, student activities (student athletes, music, theater, etc.) are stated elsewhere in this manual.

For more information or to obtain application materials, contact:

Samantha Wilson, MS, LAT, ATC, CPT Athletic Training Program Director Nebraska Wesleyan University 5000 Saint Paul Avenue Lincoln, NE 68504 402-465-2128

You may also request materials by email: swilson2@nebrwesleyan.edu

<sup>\*</sup>process and due dates subject to change based on the approval of the Program Director

#### TECHNICAL STANDARDS FOR ADMISSION

The Athletic Training Program at Nebraska Wesleyan University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential functions considered necessary for students admitted to this program to achieve the knowledge, skills, and abilities of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE], 6836 Austin Center Blvd, Suite 250, Austin, TX 78731, [512] 782-9833). The following functions and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to perform these functions, with or without reasonable accommodation, the student will not be admitted into the program.

## Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Those selected for the Athletic Training Program must demonstrate:

- 1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- 2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- 3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
- 4. The ability to record the physical examination results and a treatment plan clearly and accurately.
- 5. The capacity to maintain composure and continue to function well during periods of high stress.

- 6. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
- 7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
- 8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Students selected for the athletic training program will be required to verify they understand and meet these technical standards and essential functions, or that they believe, with reasonable accommodations, they can meet the standards and perform the functions. Technical standards will be evaluated through requirements associated with AT 1270 Advanced Emergency Care and AT 1300 Prevention and Care of Athletic Injuries as well as verification of a physical examination by a licensed physician or other qualified health care provider.

I certify that I have read and understand the technical standards and essential functions for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation or that I can meet each of these standards with reasonable accommodations. I understand that if I am unable to meet these standards with or without reasonable accommodations, I will not be able to continue in the program.

Signature of Applicant	Date	-

## NEBRASKA WESLELYAN UNIVERSITY'S COMMITMENT TO STUDENTS WITH DISABILITIES

Nebraska Wesleyan University seeks to maintain a supportive academic environment for students with disabilities. To ensure their equal access to all educational programs, activities, and services, Federal law requires that students with disabilities notify the university, provide documentation, and request reasonable accommodations. If you need accommodations in this program, please notify the Athletic Training Program Director so that he/she can verify that the required documentation is filed with the Academic Affairs Office and that your accommodation plan is in place. You should also meet with Professor Sandy McBride, the Services for Students with Disabilities Coordinator (Old Main 126, 465-2346, smcbride@NebrWesleyan.edu).

#### **UNDERGRADUATE CURRICULUM**

#### **Enrolling and Student Advising**

- 1. Upon acceptance and throughout the athletic training program, the ATP faculty and staff will help each student in defining his/her immediate and long-term goals. The faculty/staff will make every attempt to advise, encourage, and arrange experiences enhancing the student's professional exposure and development.
- 2. Students at NWU are not allowed to declare a major until January of their freshman year.
- 3. All students pursuing athletic training at Nebraska Wesleyan University should be advised and enrolled by an Athletic Training faculty member or by a faculty member from the Department of Health and Human Performance. Enrollment times will be according to the university policies. However, advisors maintain an open door policy. Students needing advising should make an appointment with their advisor during office hours.
- 4. Students interested in pursuing a second major in another discipline should have an advisor in both departments. This will ensure the student is taking the required courses for both majors.

#### STUDENT RETENTION AND PROGRESSION

The Program Director maintains a student file containing application materials, clinical information and overall student progression. The Program Director and/or the Academic Advisor maintains a student file containing grade reports and course progress information. The student's program file contains: master competencies lists for the six clinical education courses, immunization verification, physical examination verification, admission and selection materials, copies of certification cards, proof of a completed background check, signature pages for the ATP policies, and any disciplinary notices. In addition, several items are stored electronically on ATrack such as total clinical hours, student evaluations, and signature pages for completion of the OSHA Bloodborne Pathogen and HIPPA/FERPA training modules, just to name a few.

Each student in the Nebraska Wesleyan University Athletic Training Education Program must meet the following requirements to retain their position in the program:

#### The student must:

- 1. Show normal progress towards completion of required courses for a Bachelor of Science in Athletic Training. The program defines normal progress as a "C" (2.00) or higher in all coursework relevant to a Bachelor of Science in Athletic Training.
  - a. A student may petition to have a leave of absence from academic and clinical requirements for not more than one year and must be make the request in writing to the Program Director.
- 2. Maintain an overall minimum cumulative GPA of 2.75.
- 3. Follow all policies and procedures of the NWU ATP.

In addition, here are specific requirements for each level of the program:

#### Pre-Athletic Training Students (Freshmen)

A Pre-Athletic Training Student (Pre-AT) is typically a freshman who is a candidate for application to NWU's ATP in the current academic year.

The Pre-AT is introduced to basic athletic training principles. This is primarily a year of observation and is designed to familiarize the student with the roles, responsibilities and schedule of an Athletic Trainer. Pre-AT's will be required to obtain a minimum of 30 observation hours to observe the staff evaluating and treating student-athletes. In addition, each student is assigned a mentor who is usually a Level II or III student in the ATP. All hours should be documented using ATrack within seven days of an observation.

Pre-AT students must complete these requirements prior to starting in the ATP:

- 1. Current Emergency Cardiac Care certification.
- 2. Completion of the OSHA regulations/universal health precautions training module.
- 3. Completion of the HIPPA/FERPA privacy and confidentiality training module.
- 4. Completion of 30 observation hours.
- 5. Familiar with the athletic training program student manual and electronically verifying it was read and understood.
- 6. A good understanding of athletic trainer relationships with athletes, coaches, medical practitioners and staff.
- 7. Basic knowledge of athletic training room equipment, supplies (tape, bandages, ointments, etc.), and policies.
- 9. Application to the Athletic Training Program.

Failure to satisfactorily complete these requirements will prohibit the student from applying to the Athletic Training Program.

#### Level I Athletic Training Student (ATS)

A Level I athletic training student (ATS) is typically a student in his/her sophomore year at Nebraska Wesleyan University, who has been accepted into NWU's ATP and is completing the first year of didactic instruction and clinical assignments.

The Level I ATS will have six clinical assignments over the entire academic year with each assignment lasting about six weeks. The Level I ATS will receive a performance evaluation completed by the Preceptor for each assignment. Evaluations will be completed at the end of the assignment. The evaluation form must be signed electronically by the student and Preceptor before the form is submitted electronically to the Clinical Education Coordinator (CEC). All hours should be documented using ATrack within seven days.

Students must provide evidence of a negative TB skin test and/or negative chest x-ray, a physical by the team physician or student health, and Hepatitis B vaccine (or a waiver form) before beginning their first semester in the program.

Level I ATS' must complete these requirements by the end of the academic year:

- 1. Current Emergency Cardiac Care certification.
- 2. Completion of the OSHA regulations/universal health precautions training module.
- 3. Satisfactory completion of clinical assignments and athletic training competencies.
- 5. Basic knowledge of documentation and record keeping.
- 6. Basic skills in treatment, and application of tape, braces, and other equipment.
- 7. Injury evaluations and applications of modalities.
- 8. Current NATA Membership.

Level I ATS' must maintain a cumulative grade point average of 2.75 or better. Failure to meet these standards will result in the student being placed on probation (See "Academic Disciplinary Policies").

#### Level II Athletic Training Students (ATS)

A Level II athletic training student (ATS) is a student who has been accepted into NWU's ATP and is completing the second year of advanced athletic training academic courses and clinical assignments (typically a junior).

Each Level II ATS will be assigned to a Preceptor for the entire length of a sport's season (typically 3). The Level II ATS will receive two performance evaluations completed by the Preceptor for each assignment. Evaluations will be completed at the mid-point and end of the assignment. Students will also gain experience with a non-sport population by being assigned to a rehabilitation clinic during the Spring Semester. The student will be evaluated for that experience as well. The evaluation form must be signed electronically by the student and Preceptor before the form is submitted electronically to the Clinical Education Coordinator (CEC). All hours should be documented using ATrack within seven days.

Students must provide evidence of a negative TB skin test and/or negative chest x-ray before beginning their third semester in the program.

Level II ATS' must complete these requirements by the end of the academic year:

- 1. Current Emergency Cardiac Care certification.
- 2. Completion of the OSHA regulations/universal health precautions training module.
- 3. Satisfactory completion of clinical assignments and athletic training competencies.
- 4. Use of evaluation techniques, rehabilitation skills and equipment, injury prevention measures, and physical examination techniques and equipment.
- 5. Act as a mentor to the Pre-ATs and Level I ATS'.
- 6. Current NATA membership.

Level II ATS' must maintain a cumulative grade point average of 2.75 or better. Failure to meet these standards will result in the student being placed on probation (See "Disciplinary Procedures").

#### Level III Athletic Training Student (ATS)

A Level III athletic training student (ATS) is a student who has been accepted into NWU's ATP and is completing the third full year of academic courses and clinical assignments (typically a senior).

The Level III ATS has completed the majority of the athletic training course work. The Level III ATS will help to mentor the Pre-AT students and facilitate the Level I and Level II ATS' knowledge acquisition and skill practice. In this regard, the Level III ATS will learn how to improve as a mentor discovering the best way to help the Level I and II ATS', as well as the Pre-ATs, learn and prosper in the field of athletic training.

Each Level III ATS will be assigned to a Preceptor for the entire length of a sport's season (typically 3). The Level III ATS will receive two performance evaluations completed by the Preceptor for each assignment. Evaluations will be completed at the mid-point and end of the assignment. Students will also gain experience with a non-sport population and conditions other than orthopedics by being assigned to medical clinics/and or physician offices during the Fall Semester. The student will be evaluated for that experience as well. The evaluation form must be signed electronically by the student and Preceptor before the form is submitted electronically to the Clinical Education Coordinator (CEC). All hours should be documented using ATrack within seven days

Students must provide evidence of a negative TB skin test and/or negative chest x-ray before beginning their fifth semester in the program.

Level III ATS' must complete these requirements by the end of the academic year:

- 1. Current Emergency Cardiac Care certification.
- 2. Completion of the OSHA regulations/universal health precautions training module.
- 3. Satisfactory completion of clinical assignments and athletic training competencies.
- 4. Current NATA membership.

- 5. Successful completion of health care provider observations.
- 6. Successful completion of all competencies and competency reviews.
- 7. Develop an appreciation for research as it relates to the field of athletic training.
- 8. Completion of all preparations for the BOC examination.

#### **ACADEMIC DISCIPLINARY POLICIES**

**Academic Disciplinary procedures** are slightly different than those listed later in "Disciplinary Policies"

Program students (Level I, II and III students) are required to maintain a minimum cumulative 2.75 grade point average (GPA) while in the program. At the end of the semester, any Athletic Training Student who doesn't meet the retention requirements will be placed on "Academic Probation" for one semester and will be notified via a formal letter that will also be placed in his/her file. The following procedure will be followed when a student is placed on probation due to the GPA falling below 2.75:

- The student must meet with the Program Director regarding his/her academic status. The student's cause for probation will be reviewed by the Program Director and Clinical Education Coordinator. After review, the Program Director and Clinical Education Coordinator will determine whether or not the student may continue in his/her clinical education experiences during the following semester on academic probation or if the student would benefit from additional study time. If they are suspended from clinical experiences they may need additional time to complete the program. While on probation the ATS will forfeit any Athletic Training Grant.
- At the end of the probationary semester, the student's academic standing will be reviewed by the Program Director and Clinical Education Coordinator. If the student's GPA is above the minimum requirement at the end of the probationary semester and he/she is meeting all academic requirements, then he/she will be removed from probation and returned to good standing. However, if the student's GPA is not above the minimum requirement and he/she is not meeting all academic requirements, then he/she will be removed from the ATP. The student may apply for readmission to the ATP but a decision will be based on the admission criteria listed in this manual.

When a student does not pass a course in the ATP (the grade is below a C), the procedure below will be followed:

- When a student does not pass a course within the ATP, the student cannot take any other ATP courses until the student has passed the (failed) course if that course disrupts the progression of courses.
- If the course does not disrupt the course sequence, the student must retake the course at a later date and pass the course with a C or better to continue in the program.

#### **Appeal Process**

Students may **appeal** all disciplinary decisions made by the Clinical Coordinator and/or Program Director. All appeals must be typed and submitted to the Program Director within seven (7) days of receiving the disciplinary written response. The Program Director, along with the Clinical Education Coordinator, and the Chair of the Department of Health and Human Performance will review the appeal and submit a written response within 10 days of receipt of the appeal to the student.

#### **ESTIMATED STUDENT COSTS FOR 2017-2018**

Tuition:	\$31,974
Fees:	\$800
Room and Board:	\$10,252
ATP Nametag: (first year in ATP only)	\$13
Athletic Training Student Association Fee:	\$5
Background Check: (first year in ATP only):	\$27
Gas Money to Drive to Off-Campus Sites	\$160
Medical Scrubs (last year in ATP only)	\$25
NATA Annual Dues	\$80
Student Insurance	\$200
Uniforms (first year in ATP only):	\$165

Athletic Training students admitted to the program may incur additional costs associated with clinical experiences. For further information, please contact the ATP Director.

- Costs don't include books and other personal expenses or reflects scholarships and financial aid awards.
- Health Insurance is waived if covered by another policy
- Travel expenses to clinical sites are the responsibility of the students.

#### Scholarship/Grant Opportunities

Nebraska Wesleyan University annually awards academic scholarships to students to assist them with their educational costs. Contact the Financial Aid Office or view their webpage for more information on academic scholarships and financial aid.

In addition, students who are admitted and enrolled in the Athletic Training Program are provided with an Athletic Training Grant. This is available to all ATP students and is awarded annually. The total funding available is \$20,000 and the amount issued to each student is dependent upon how many students are currently enrolled in the program (Level III students receive more than a Level I student).

Any other questions about payment policy, or refund policy should be directed the business office (402-465-2119).

#### **COURSE REQUIREMENTS**

ATHLETIC T		64 Hours	
BIOL 1090	Human Anatomy & Physiology with Lab	4	
BIOL 1100	Human Anatomy & Physiology with Lab	4	
PSYCH 2450	Health Psychology	3	
AT 1270	Care & Prevention of Athletic Injuries	3	
AT 1300	Advanced Emergency Care	1	
AT 2010	Athletic Training Clinical Experience I	2	
AT 2020	Athletic Training Clinical Experience II	2	
AT 2400	Physical Exam of the Lower Extremity	3	
AT 2410	Physical Exam of the Upper Extremity	3	
AT 2450	Therapeutic Modalities of Athletic Injuries	3	
AT 3600	Rehabilitation of Athletic Injuries	3	
AT 3010	Clinical Experience III	2	
AT 3020	Clinical Experience IV	2	
AT 3330	Health Assessment	3	
AT 4010	Clinical Experience V	2	
AT 4020	Clinical Experience VI	2	
AT 4350	Organization & Administration of Athletic Training	3	
AT 4980	Professional Engagement	2	
AT 4990	Senior Assessment	0	
HHP 2010	Drugs in Modern Society	3	
HHP 2500	Human Nutrition	2	
HHP 2650	Strength Training & Conditioning	2	
HHP 3850	Biomechanics and Kinesiology	4	
HHP 4150	Physiology of Exercise	4	

#### **Curriculum Changes**

Please be advised that changes in the curriculum and/or clinical education experience requirements may be made at any time during the student's course of study. Such changes would be designed to enhance the learning experience for all students, and students would abide by such changes at the time they are implemented according to University policy. The students will be informed of any curriculum changes in a timely manner.

Progr	am Year	Acade	mic Coursework			Clinic	al Education	
Year	Semester			Credit Hrs.	Cours e	Credit Hrs.	Clinical Experience	Clinical Instructional Site
One	Fall	IDS PSYCH1010 BIO 1090	Archways Seminar Intr to Psych Science Human Anatomy & Phys	4 4 4 4			·	Observation hours at NWU Athletic Training Room
	Spring	AT/HHP AT/HHP 1300 FYW BIO 1100	Modern Language Adv Emergency Care Prevention and Care 1st Yr Writing Human Anatomy and Physiology Mathematical Literacy	1 3 2 4			Observation Apply to ATP	30 hours of observation at NWU athletic training room must be completed  No later than March
			Archway Curriculum	2-4				15th
Two	Fall	AT 2400 HHP 2010 HHP 2650 PSYCH 2450	Physical Exam of the Lower Extremity Drugs in Modern Society Strength Training(also taught during winter & summer term) Health Psychology Archway Curriculum	3 3 2 4 3	AT Clinical 2010 Experience I, Advanced firs aid, taping, protective equipment an bracing		5 week Clinical Assignments	NWU athletic training room
	Spring	AT 2410 AT 2450 HHP 2500	Physical Exam of the Upper Extremity Therapeutic Modalities of Athletic Injuries Human Nutrition Archway Curriculum	3 3 2 5-7	AT Clinical 2020 Experience II, Lower extrem	2 ity	5 week Clinical Assignments	NWU athletic training room or Off Campus Site
Three	Fall	AT 3330 AT 3600 HHP 3850	Health Assessment Rehabilitation of Athletic Injuries Biomechanics and Kinesiology Archway Curriculum	3 3 4 5-7	AT Clinical 3010 Experience III, Upper extrem and modalitie		11-12 week Clinical Assignments	NWU athletic training room or High School affiliate
	Spring	AT 4350 AT 4980	Organization and Admin Exercise Physiology Prof Engagement Archway Curriculum	3 4 2 5-6	AT Clinical 3020 Experience IV Rehabilitation athletic injurie	of	2, 8 week Clinical Assignments and non-sport populations	NWU athletic training room or High School affiliate and a Rehabilitation Clinic
Four	Fall	HHP 2720	Intro to Massage (recommended)	3	AT Clinical 4010 Experience V, General medic		11-12 week Clinical Assignments	NWU athletic training room or High School affiliate and Medical
		HHP 3800	RSRCH/STAT METH I (recommended)  Courses Towards a Minor	2 4-5	conditions		including non- sport populations & conditions other than orthopedic	Clinics
			Archways Curriculum	6			1	

	AT 4990 HHP 2800	Senior Assessment in AT	0	AT 4020	Clinical Experience VI, Organization and	2	2, 8 week Clinical Assignments	NWU athletic training room and a clinical experience at an
	HHP 3810	Cardiac Rehab (recommended)	2		administration			approved clinical site toward the students intended professional
		RSRCH/STAT METH I (recommended)	2					goals
		Courses Towards a Minor	4					
		Archways Curriculum	4					

#### **CLINICAL EDUCATION GUIDELINES**

The following guidelines delineate the role of an athletic training student. As a student in the Athletic Training Program at Nebraska Wesleyan University, you are expected to conduct yourself in accordance with these guidelines during any clinical experiences either on or off-campus.

#### I. Definitions

- a. Direct Supervision- supervision of the athletic training student during clinical experience. The Clinical Preceptor must be physically present and have the ability to intervene on behalf of the athletic training student and the patient.
- b. Unsupervised Experience- An unsupervised clinical experience is one in which a program clinical instructor is <u>NOT</u> physically present to intervene on behalf of the athlete. STUDENTS MAY NOT BE LEFT UNSUPERVISED.
  - i. The only exception to this is if the Preceptor leaves to use the rest room or other personal reasons. During the Preceptor's absence, if something occurs, the coach is in charge and the students are only allowed to act as someone certified in first aid and CPR.

#### II. Athletic Training Student Credential Requirements

- a. Each athletic training student must maintain current certification in *Emergency Cardiac Care (eg. CPR/AED for the Professional Rescuer)*. This certification and update is offered annually by the ATP.
- b. Each athletic training student is covered by the University's Liability Insurance Policy when being supervised as part of their Clinical Assignment.

#### III. Orientation to the Clinical Site

- a. At least 1 week prior to beginning a new Clinical Assignment, students <u>must</u> contact the Preceptor at that site to schedule an orientation for that site. At a minimum the orientation <u>must</u> include:
  - i. An explanation of the venue-specific Emergency Action Plans, the Bloodborne Pathogen Policy, any site-specific policies, and a tour of the facility.
  - ii. Students and Preceptors should also use this time to develop the student's Clinical Experience Schedule.

#### IV. Supervised Clinical Experiences

- a. Acceptable Protocols; an athletic training student acting under the direct supervision of a certified athletic trainer may:
  - i. Provide all athletic training protocols that have been instructed, practiced and applied within a previous or concurrent academic course and/or instructed by a Clinical Preceptor.
  - ii. Write progress notes recording actions of care.
- V. Supervision Allowing for the Development of an Independent Autonomous Individual
  - a. As students progress through the program, they will acquire more knowledge, skills and abilities in each didactic class, practice and reinforce them in the weekly clinical course, and practice/implement them during the Clinical Assignment.
  - b. Along with this, Preceptors allow students to integrate their knowledge, skills and abilities into the Clinical Assignment by providing supervision across a spectrum where students new to certain knowledge, skills and abilities are supervised more closely, but students who have advanced knowledge, skills and abilities are given more autonomy by the Preceptor and are allowed to develop their clinical-decision making skills, while appropriate supervision is maintained by the Preceptor.

#### VI. Clinical Education Hours

- a. Required Clinical Hours
  - i. Each student is required to obtain a minimum amount of hours for two credit hours of Clinical Education courses (Athletic Training Clinical I-VI). Refer to the course syllabi for more details.
  - ii. These hours must be directly supervised by a Clinical Preceptor.
  - iii. CAATE requires that the majority of all clinical educational experiences must be under direct supervision of an AT.
- b. Minimum and Maximum Hours
  - i. Students must obtain a minimum of 100 hours per semester for each clinical course.
  - ii. Students may <u>not</u> exceed 500 hours as a maximum per semester for each clinical course.
- c. Verification of Clinical Hours
  - i. Clinical hours must be verified by the assigned Clinical Preceptor.
- d. Recording Clinical Hours
  - i. Students will record all clinical hours using ATrack.
  - ii. Students must record the correct time, preceptor, location, event, and activity type for each hour entry. In addition, students must write a comment in each log entry explaining what they experienced that day. One word comments are not acceptable.
  - iii. Students must record their hours within seven days. Any student not submitting hours within that timeframe must contact the Clinical Education Coordinator to have the hours added to ATrack <u>if</u> the CEC feels the hours should be accepted.

### VII. Transportation

- a. All students must have access to reliable transportation in order to travel to offcampus clinical sites and are responsible for paying for their own gas, insurance, etc.
- VIII. Clinical Education Coordinator (CEC)

- a. Students should direct all questions related to Clinical Assignments to the CEC.
- b. Students should notify the CEC if any issues arise at their Clinical Site.

#### **CLINICAL EDUCATION ASSIGNMENTS**

Once selected for admission into the ATP, students have the opportunity to be assigned to many different clinical assignments utilizing Nebraska Wesleyan University's athletic teams and off-campus affiliated sites. The purpose of these assignments is to provide students with opportunities to practice and develop their athletic training knowledge, skills and abilities. Athletic training students will be assigned to a Preceptor to gain experience with the following: individual and team sports (university and/or high school), sports requiring protective equipment (university, high school, and/or youth), patients of different sexes, non-sport patient populations (rehabilitation clinics, medical clinics, and/or physician offices), and a variety of conditions other than orthopedics (medical clinics and/or physician offices). In addition, when possible, students are assigned to sports traditionally associated with having upper extremity injuries and sports traditionally associated with having lower extremity injuries. The Clinical Education Coordinator (CEC) will make the clinical assignments and disseminate them in a timely manner at the beginning of each academic year. It may be necessary to reassign a student if the CEC deems it appropriate. The Preceptor will complete an evaluation on each student as outlined in the "evaluation policy."

In addition to the above experiences, all students are required to enroll in an Athletic Training Clinical Experience course each of the six semesters while in the ATP. The clinical course includes the clinical assignments and a once a week seminar/lab with a Preceptor. Each student is given a packet of material containing all competencies required for graduation. The booklets have knowledge, skills, and abilities that are first evaluated in class but are evaluated again in the clinical course and are continued to be practiced by the student in order to master them. The Preceptor further evaluates this knowledge, skills, and abilities during the clinical assignment. No student is allowed to perform treatment of any kind on his/her own (but still with supervision) until that certain competency has been instructed. This will affect how students are assigned to a clinical assignment. For example, students having only basic modality competencies mastered might be assigned to a high school where few modalities are present. As students progress through the assignments they are given increasing amounts of responsibility per the level of their knowledge, skills, and abilities.

Athletic training students will initially be introduced to athletic training knowledge, skills and abilities through the required sequential curricula. In all courses (both clinical and didactic) students will be provided the opportunity to practice the assigned competencies and receive developmental feedback on their individual performance from peers and Preceptors. Athletic training students progress through the program based on successful performance both clinically and didactically. Athletic training students must demonstrate progress as identified/defined by the NWU Standardized Clinical Proficiency Rubrics. As an athletic training student progresses through the program they will again be exposed to the knowledge, skills, and abilities for practice and re-evaluation. Final evaluation of the assigned competencies is intended to occur in a "real life" clinical experience under graded supervision of a Preceptor. Clinical progression and progress on the knowledge, skills, and abilities is the combined responsibility of the student, ATP faculty, and Preceptors as students progress through six semesters of clinical education. In the event that the "real life" experience for assessment is not possible, simulations and scenario-based evaluations may be used. A final proficiency evaluation is typically performed the semester following the didactic instruction of related content. This allows athletic training students to grow and develop their skills over time. This has also enhanced the athletic training students' retention of knowledge, skills, and abilities. The NWU ATP uses the concept of graded supervision which initially involves close monitoring. Once the student demonstrates adequate proficiency and has demonstrated experience with a particular skill, that student is given more supervised autonomy.

#### Role of the Preceptors in the Clinical Experience

Preceptors will provide a learning environment for the athletic training students at their clinical site. Preceptors will mentor, supervise, encourage and communicate with the students in order for them to become more independent and autonomous individuals. Preceptors are provided with a syllabus for each clinical experience that identifies weekly content located on ATrack. The Clinical Education Coordinator communicates regularly with each affiliated site throughout the semester to assure that the Preceptors are working with the students on the assigned competencies. In addition, all Preceptors undergo training conducted by the Clinical Education Coordinator. In the initial training session, Preceptors are introduced to Athletic Training Education, including the CAATE Standards and the ATP's own policies and procedures. In addition, this session focuses on strategies to assist the Preceptors in providing an exceptional clinical experience for each student. This initial training occurs when a Preceptor is new to the NWU ATP. Follow-up training is conducted electronically through ATrack as needed. Furthermore, when there are major changes to the ATP's policies or the CAATE introduces new standards, Preceptors are asked to update their preceptor training.

#### Role of the Athletic Training Student in the Clinical Experience

Athletic training students are the core of the NWU athletic training clinical program, however, they are not utilized in place of staff. It is by the design of the clinical experience that students are challenged with as much responsibility as they can handle, but not so much as to overwhelm them. The athletic fields, physician offices, and rehabilitation clinics are where a lot of learning takes place. At no time are students expected (nor are they allowed) to replace full-time staff. As part of the clinical experience, the athletic training students will be expected to finish a minimum of 100 hours of clinical experience each semester and no more than 500 hours (see the "clinical hours minimum/maximum policy" for more information). Clinical experiences involve patient care and the application of athletic training knowledge, skills, and abilities under the supervision of a Preceptor. Athletic training students typically do not spend more than 20 hours a week (as an

average) in the clinical setting. Athletic training students are to be given at least one day off in a seven day period. Student's academic requirements (which includes the clinical education) come before work-related or extracurricular activities. Students should make the most of their time at their clinical experience by spending time treating patients and practicing for the proficiency evaluations. It is the intention of the ATP faculty that clinical experiences involve hands-on clinical experiences in which they are practicing athletic training knowledge, skills, and abilities in "real time". Athletic training students are required to document details of their clinical experiences on ATrack within seven days. The scheduling of clinical assignments and Preceptors is completed by NWU ATP faculty/staff. This is to ensure that each student meets the requirements of the program, requirements of the BOC, and the student's individual goals. However, clinical assignments are subject to change.

NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM

#### **CONFIDENTIALITY POLICY**

Patient privacy and confidentiality are a high priority for the NWU Athletic Training Program. Therefore, it is important for students to understand that while they are not yet a healthcare professional, since they are enrolled in an allied healthcare program, they are still responsible for protecting patient privacy and confidentiality. To ensure patients' privacy and confidentiality are protected, the NWU ATP has developed the following policy regarding confidentiality and HIPPA and FERPA Training.

- 1. Students must complete a training module online which includes discussing HIPAA, FERPA and patient confidentiality.
- 2. Upon completion of the training module, students must electronically verify that they completed the module, reviewed the confidentiality agreement, and that they agree to comply with its terms.
- 3. Athletic training students (and Pre-Athletic Training Students) are NOT permitted to be present at clinical sites until the training module and all components are completed. Students are required to complete this training one time unless updates require additional training.
- 4. Off-campus clinical sites may provide additional confidentiality training and/or my require students to read and sign the site's confidentiality statement.

#### **CONFIDENTIALITY STATEMENT**

(This is signed electronically after completing the online training module.)

As a student in the Nebraska Wesleyan University Athletic Training Program, I understand I have an ethical responsibility to maintain patient privacy, including confidentiality of patients' medical information during clinical assignments on and off-campus. In addition, I understand that all information related to the health and well-being of patients, including electronic, written, and oral forms, is to be kept in the strictest confidence.

Furthermore, I understand and agree that:

- I will disclose a patient's confidential information only if such disclosure complies with the clinical site's policies and is required for the performance of tasks during my clinical experience.
- I will not access, view, or reproduce a patient's information other than what is required for my clinical experience. If I have any questions about whether access to certain information is required for me to perform a task, I will immediately ask my Preceptor for clarification.
- I will not discuss any information pertaining to the medical health of, care given to, or well-being of a patient in an area where unauthorized individuals may hear such information, and I will safeguard printed and electronic medical records as well.
- Any codes, user IDs, and passwords used to access computer systems or other equipment are to be kept confidential at all times.
- I will not make any unauthorized transmissions, copies, disclosures, inquiries, modifications, or purging of a patient's information. Such unauthorized transmissions include, but are not limited to, removing and/or transferring patient information from the clinical site's computer systems or a patient's personal medical or insurance files to unauthorized locations. I will safeguard any authorized transmission of information so it cannot be improperly accessed by unauthorized individuals.
- Any violation of this confidentiality policy will result in disciplinary action including, but not limited to, reduction in the clinical course grade, temporary suspension from the clinical site, or dismissal from the program.

By signing below, I acknowledge that I have rec Wesleyan University Athletic Training Program with all of its terms.	
Student Signature	Date
Student Name Printed	

#### **THERAPEUTIC MODALITIES POLICY**

The following guidelines explain the Athletic Training Program's policies related to the use and maintenance of therapeutic modalities.

- I. Use of Therapeutic Modalities by Students
  - a. Level II and III students may set up and use modalities in consultation with their Preceptor.
  - b. Level I Students may only set up the specific Therapeutic Modalities of which they have been instructed through didactic teaching or if their preceptor has instructed and deemed competent.
    - i. First semester Level I students are allowed to perform ultrasound treatments after instructed how to do so as part of AT 2010 in the Fall. However, Level I's may only use the parameters given to them from their Preceptor and may not change or alter the treatment.
    - ii. First semester Level I students are allowed to remove the electrodes following the completion of an electrical stimulation treatment, but are <u>not</u> allowed to apply the electrical stimulation to a patient unless they have been instructed by their preceptor.
    - iii. Once Level I students are evaluated on a specific modality during AT 2450 Therapeutic Modalities in the Spring, they are able to set up and use modalities in consultation with their Preceptor.
- II. Maintaining Therapeutic Modalities
  - a. All modalities will be inspected, calibrated, and maintained according to the manufacturer's recommendation.
  - b. All clinical sites (both on and off-campus) must provide proof that the therapeutic modalities are inspected, calibrated and maintained on an annual basis.

i.	A copy of the completed calibrations/safety inspections must be submitted to the Clinical Education Coordinator every year upon the equipment being recalibrated/inspected.

#### **DRESS CODE**

All athletic training students will be expected to follow the standards described below any time they are in a Clinical Experience situation.

#### I. Personal Appearance

- A. Hair will be kept within acceptable professional styles of the time.
- B. Facial hair will be permitted as long as it is kept trimmed and neat.
- C. Personal hygiene must be maintained to standards set by society.
- D. Jewelry/Body Art Jewelry should be kept at a minimum during clinical assignments. Piercings other than ear piercing and a small nose piercing are not permitted. Necklaces are permitted, but should not be long enough to be grabbed or get in the way.
- E. Tattoos must be covered by clothing during clinical assignments.

#### II. Clothing

- A. Clothes must be neat, clean, professional, and appropriate for the environment and conditions.
- B. Game day attire is to be decided by the Clinical Preceptor.
- C. Pants/Shorts
  - 1. All pants/shorts must be black, white, gray or of some khaki color (approved by Clinical Preceptor).
  - 2. Shorts must come down to at least mid-thigh and approved by Clinical Preceptor.
  - 3. NO jeans may be worn during competition or in the athletic training room.
  - 4. Warm-up pants are only acceptable if purchased through the clothing order placed each year and must be approved by the Preceptor prior to wearing them.
  - 5. All pants and shorts must have pockets.

#### D. Shirts

- 1. All shirts must have the NWU athletic training logo or Lincoln Orthopedic Center. For off-campus sites, consult with the Clinical Preceptor as to what type of shirt you are to wear.
- 2. No hole or tears.
- 3. For events, shirts must have a collar unless otherwise regulated by the Clinical Preceptor. Events which require formal dress are exceptions to this rule.

#### E. Shoes

- 1. Sandals are not permitted in the athletic training room.
- 2. Shoes must be in decent condition as defined by the Clinical

## Preceptor.

- III. Off- Campus Dress (Medical Offices, Rehabilitation Clinics, Etc.)
  - A. Dress is business casual (no t-shirts, no jeans or warm-up pants, etc.).
  - B. Casual Dress Shoes.
  - C. ATP Nametag.

#### **INCLEMENT WEATHER POLICY**

Student safety is a top priority of the Nebraska Wesleyan Athletic Training Program. Therefore, when NWU classes are cancelled due to inclement weather, Athletic Training Students are **not** required to be present at their Clinical Sites. Students are required to contact their Preceptors so that the Preceptors are aware the students will not be attending the Clinical that day and so the hours can be rescheduled for another day.

Keep in mind that while students are not required to go to a Clinical Site when classes are cancelled, they are not precluded from doing so if the Clinical Site is open, if the student wants to go, and if the student is able to travel safely to the site. At no time should a student's safety be put at risk.

In either case, students and Preceptors should be in contact with each other on inclement weather days.

#### **ALCOHOL AND DRUG POLICY**

Because of the serious problems related to the use of alcoholic beverages and controlled substances, and because this practice can lead to a loss of effectiveness in human life and does not contribute to the teaching-learning process, the Nebraska Wesleyan University community reaffirms its position of serious concern about and opposition to the use of alcoholic beverages and/or controlled substances in this college environment.<sup>1</sup>

Due to the nature of being an athletic training student, and the duties and responsibilities that go along with this program, the following policy is placed into effect with regards to the use of alcohol and/or drugs by those students in Nebraska Wesleyan University's athletic training program:

- The use of alcohol and/or drugs is prohibited and will not be tolerated during Clinical Experiences, at Clinical Sites, and while in the Clinical Setting.
- The consumption of alcohol and/or drugs by an athletic training student while traveling with a team on the road will not be allowed or tolerated, regardless of age.
- be asked to leave the site, a report will be filed with the Clinical Education Coordinator, and disciplinary action will be taken according to the *NWU ATP Disciplinary Policies*, which can include suspension and/or expulsion from the Nebraska Wesleyan University athletic training program. In addition, violations may also be referred directly to local authorities and/or action may be taken by the Office of Student Affairs

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<sup>&</sup>lt;sup>1</sup> Nebraska Wesleyan University "General Policies," Fall 2014.

#### **DISCIPLINARY POLICIES**

#### STANDARDS FOR A CLINICAL EXPERIENCE

- 1. Signed NWU ATP Technical Standard document.
- 2. Physical exam conducted during August, must be completed before clinical experiences can begin.
- 3. Signed Communicable Disease Policy.
- 4. Signed Drug and Alcohol Policy
- 5. Blood-borne pathogen training (takes place during fall orientation each year) and signed form.
- 6. Immunization records and proof of Hepatitis B immunizations submitted to the Program Director.
- 7. TB skin test completed before clinical experiences can begin.
- 8. Submit Emergency Information form along with insurance information to the Program Director.
- 9. Meet with the Preceptor for complete clinical experience overview prior to the start of the assignment. This includes learning the BBP Policy and where it is kept, seeing the venue-specific Emergency Actions Plans and where they are kept, discussing any site-specific policies, and developing a schedule for the Clinical Assignment, including when to arrive for each day, as well as an approximate ending time for each day. Students should also know the location of all emergency equipment.
- 10. The athletic training student should maintain appropriate communication with the Preceptor and should notify the Preceptor of any change in the student's Clinical Assignment schedule due to class obligations, illness, or other.
- 11. The athletic training student, under the guidance of the Preceptor, should initiate open communication (both verbal and written) with the coach of the team with whom he/she is assigned as part of the Clinical Assignment which can include an athlete's injury status. The Preceptor should share schedules and other pertinent information with the athletic training student.
- 12. The athletic training student is responsible for performing any and all skills on which he/she has been evaluated, in order to demonstrate a logical progression of clinical autonomy under the guidance of a Preceptor.

Failure to comply with policies in regard to Clinical Assignments could include, but is not limited to, the following and may result in a disciplinary notice or sanctions:

- Failure to arrive on time or failure to be present for the Clinical Assignment.
- Failure to notify the Preceptor when not able to be present for the Clinical Assignment.
- Leaving the Clinical Site during assigned times without notifying and receiving permission to do so from the Preceptor.
- Failure to appropriately complete tasks assigned by a Preceptor during a Clinical Assignment.

- Direct insubordination.
- Dress code violation.
- Using one's cell phone while at the Clinical Site without permission of the Preceptor. This includes any and all uses including but not limited to a phone call, texting, using social media, surfing the web, etc.
- Unauthorized use of telephones, computers, patient records, etc.
- Not following policies or procedures as discussed prior to clinical placement.
- Failure to provide appropriate care to patients and/or endangering a patient's safety.
- Performing athletic training skills (treatment, evaluations, rehabilitation etc.) for which the student has not been taught and evaluated.
- Performing athletic training skills (treatment, evaluations, rehabilitation, etc.) without being under the direct supervision of a Preceptor.
- Inappropriate behavior by the student and any activity or action which places the health and safety of the student or another person at risk.
- Failure to appropriately communicate with all ATP Faculty and Staff including notifying the Program Director of any incident that should be reported as discussed during the annual athletic training student orientation.

Due to the fact that the health and safety of the patients served is the primary concern, situations may arise which require immediate disciplinary action by the Preceptor. When a student fails to comply with the policies and procedures, the Preceptor will complete a disciplinary notice that will be signed by the athletic training student, Preceptor or instructor, Clinical Education Coordinator and Program Director and will be placed in the student's file.

Level I infractions will initially be a warning, and a 2nd repeat offense will result in a removal from the clinical experience for an amount of time "to be determined" or a 5% drop in the overall grade for the clinical education course. Each subsequent offense will result in an additional 5% drop in the overall grade for the clinical education course. Level I infractions are:

- Tardiness
- Dress code violation
- Not performing tasks
- Unauthorized use of the student's cell phone
- Other violations decided by the preceptor or clinical instructor

Level II infractions will result in removal from the clinical experience for an amount of time "to be determined" or in a 5% drop in overall grade for the clinical education course. Each subsequent offense will result in an additional 5% drop in the overall grade for the clinical education course. Level II infractions are:

- Missed clinical time (a day, an events, etc.) and/or not notifying the Preceptor
- Leaving a site without notifying and receiving permission to do so
- Failure to provide appropriate care
- Performing tasks not already instructed or evaluated
- Performing skills will not being under the direct supervision of a Preceptor
- Failure to appropriately communicate with ATP Faculty and Staff
- Other violations decided by the preceptor or clinical instructor

Level III infractions will result in a 5% drop in overall grade for the clinical education course or possible removal from the ATP. Level III infractions are:

- Insubordination to Preceptor, ATP Faculty, ATP Staff, or other individuals
- Unauthorized use of telephones, computers, patient records, etc.
- Inappropriate, dangerous, or unethical behavior
- Other violations decided by the preceptor or clinical instructor

#### **Appeal Process**

Students may **appeal** all disciplinary decisions made by the Clinical Education Coordinator and/or Program Director. All appeals must be typed and submitted to the Program Director within seven (7) days of receiving the disciplinary written response. The Program Director, along with the Clinical Education Coordinator, and the Chair of the Department of Health and Human Performance will review the appeal and submit a written response within 10 days of receipt of the appeal to the student.

### **DISCIPLINARY NOTICE**

This disciplinary notice is being s	erved to		for the following
infraction of the Athletic Training	g Program C	Clinical Experience guidelines.	
		none, etc.):	
		ical skills, etc.):	
Level III (unethical behav	ior, insubor	dination, etc.):	
Summary of action taken:			
I understand and agree that the after ramifications of my actions. By sithe Preceptor and Program Official termination from the program.	gning this i	notice, I agree to rectify the situa	tion as prescribed by
ATS	Date	Clinical Coordinator	Date
Preceptor/Clinical Instructor	——————————————————————————————————————	Program Director	Date

### NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM

### **EVALUATION POLICIES**

- 1. The ATP, its students, staff, preceptors, and clinical sites will be evaluated on a regular basis. Level I students are evaluated at the end of their clinical assignments by their Preceptors, whereas Level II and III students are evaluated at the midpoint of the clinical assignment and at the conclusion of the clinical assignment by their Preceptors. The evaluations are designed to provide positive feedback and suggestions for improvement to the students concerning skill acquisition, skill competence, personality traits, independent thinking abilities, and problem-solving skills (See the evaluation forms in Appendix C). Each student is rated on a 1-5 Likert scale and written comments are solicited as well. The Preceptor has the opportunity to discuss the evaluation with the student, both electronically sign the form, the form is returned to the Clinical Education Coordinator (CEC), and the evaluation is archived on ATrack.
- 2. Preceptors and clinical sites are also evaluated. These evaluations are completed by the Level I, II, and III students at the completion of each clinical assignment. The Preceptor form is designed to assess the Preceptor's communication/administrative skills, clinical rapport, and his/her ability to support students with their clinical skills, whereas the Site form is designed to determine if the site is a good learning environment and if students feel like they effectively use their skills at that site (See the evaluation forms in Appendix C). All of the responses are collected by the CEC and a summary of all student responses is provided to each Preceptor at the end of the year. This process ensures individual student responses remain confidential.
- 3. The Clinical Education Coordinator conducts a Preceptor and site evaluation a minimum of once per year. The purpose of this evaluation is to determine if the site remains to be a good educational opportunity for the ATP students. The site is evaluated for its learning environment, the adequacy of the site, how well learning was facilitated by the Preceptor, how effective the Preceptor is as a mentor and role model, and how well the Preceptor did allowing the student to develop into an independent autonomous individual while being properly supervised. This information is used to assess the effectiveness of the site to aid in preparing future athletic trainers (See the evaluation forms in Appendix C).
- 4. An evaluation of the entire program is done by the senior athletic training students before graduating. It is referred to as an exit interview survey and is conducted by the Chair of the Department of Health and Human Performance. The senior student completes the evaluation on all aspects of the ATP and the results are compiled for the program assessment (See the evaluation forms in Appendix C).
- 5. An alumni program evaluation is conducted six months after the seniors have graduated. In addition to updating their personal information and employment status, alumni are asked specific questions regarding their educational preparation and how prepared they felt they were for a career in athletic training.

### NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM

### THE ATHLETIC TRAINING STUDENT AND INTERPERSONAL RELATIONSHIPS

- 1. **ATP Student and Physicians/Medical Personnel:** Each student has ample opportunity to learn a great deal by watching and listening to medical personnel discuss various athletic injuries while in the ATP at Nebraska Wesleyan University. If an evaluation or procedure is being performed, do not hesitate to watch and ask questions when, and if, appropriate. At times students may have the opportunity to assist in such procedures.
- 2. **ATP Student and Head Coach/Parents:** The student should conduct himself/herself as a professional at all times and must respect the responsibilities of the coaching staff and the concern of the patient and the parents. In consultation with the Preceptor, coaches, patients and parents should be updated and informed as early as possible of any changes. Not only does this demonstrate good communication but allows for necessary adjustments in their schedules and helps to answer questions they may have, especially the patient and/or the parents. It is always at the discretion of the Preceptor as to who passes this information on to the coaching staff, parents and even the patient him/herself. It is the responsibility of the ATP student to remain calm and attempt to be diplomatic when working in an intense situation. If an athletic training student has a conflict with a member of the coaching staff, parents or a patient (or vice versa), he or she should alert his/her Preceptor as soon as possible to prevent the situation from intensifying.
- 3. **ATP Students and Patients (athletes):** Students should perform all duties to the best of their abilities within their competency level. All ATP students should be friendly and courteous to patients and should not discriminate against a patient for any reason. An ATP student should not become overly close to a patient if it jeopardizes the student's learning process, conduct, relationships with others, or the performance of the student's duties. The student must keep relationships professional at all times.

### NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM

### **GENERAL POLICIES**

### Policy Regarding Student Employment

- 1. Students who qualify for work study may receive work study funds in areas designated by the student personnel office and should schedule those works hours outside of class time and not a time when the student should be at a clinical assignment.
- 2. A student may hold a job outside of school as long as it does not interfere with the student's academic courses and clinical assignments.

### Extracurricular Activities (Athletics, Band, etc.)

- 1. Students are encouraged to participate in student organizations and activities. However, students should not allow participation in these activities to interfere with the clinical assignments or the academic requirements of the Athletic Training Program (ATP).
- 2. This includes students participating on an athletic team, a theater production, or the pep band, for example. While students are permitted to participate in such activities, program students are only allowed to participate in one activity (play one sport, be in productions one semester only, play in the pep band only one semester, etc.). The reason for this is to allow the Athletic Training Student to have adequate time for completing all of the clinical education requirements.

### Scholarship/Grant Opportunities

Nebraska Wesleyan University annually awards academic scholarships to students to assist them with their educational costs. In addition, students who are admitted and enrolled in the Athletic Training Program are provided with an Athletic Training Grant. This is available to all ATP students and is awarded annually. The total funding available is \$20,000 and the amount issued to each student is dependent upon how many students are currently enrolled in the program (Level III students receive more than a Level I student).

### Student Responsibilities

- 1. Check your NWU email a minimum of once a day as this is the main avenue of communicating with students.
- 2. Visit with your academic advisor each semester to discuss necessary courses for the next semester.
- 3. Attend all class meetings and follow the course syllabus regarding absences from class.
- 4. Assume responsibility for quality of education. This is positively influenced by each student's effort.
- 5. Represent NWU, the ATP, your family and yourself with professionalism at all times
- 6. Maintain confidentiality of all athletes/patients
- 7. Use the proper chain of command for all questions, concerns, and procedures.
- 8. Do not remove items from clinical sites, classrooms or labs without permission

### **NWU Athletic Training Program Emergency Action Plan**

This is a general EAP that can be implemented for a person who becomes ill or injured. Each Clinical Site will have its own venue-specific EAPs. This basic EAP is not intended to replace those, but instead is provided as a general guideline as to how an emergency should be handled.

- I. All injuries/conditions must be:
  - A. Evaluated by or consulted with a Preceptor
  - B. Discussed between the Preceptor and patient, coach, parent, or designee
  - C. Under advisement of consulting physician (including if 911 is called)
- II. All injuries/conditions must be documented by:
  - A. Electronically or in the Patient's file
  - B. Patients must have the proper paperwork when consulting a physician or other healthcare provider
- III. Absence of a Preceptor, especially at NWU or High School
  - A. The coach is responsible for the athlete, not the athletic training student
  - B. Contact a Certified Athletic Trainer for instructions
  - C. Assist any athlete within your knowledge base/Red Cross Training
  - D. Assist the coach as directed (calling 911, directing the ambulance, etc.)
  - E. Document everything that happens

### IV. Protocols

- A. <u>Minor Injuries</u>: Grade 1 sprains and strain, superficial lacerations, nose bleeds, contusions, heat cramps, etc.
  - 1. Evaluate Injury
  - 2. Treat injuries appropriately. Use universal precautions for bodily fluid contact
  - 3. Upon consulting with the Preceptor, make a decision on continued Participation.
  - 4. Document the patient encounter
- B. <u>Moderate injuries</u>: Grade 2 and 3 sprains and strains, head injuries, heat exhaustion, deep lacerations, etc.
  - 1. Evaluate injury
  - 2. Treat injuries appropriately. Use universal precautions got body fluid contact
  - 3. Upon consulting with the Preceptor, determine if emergency room intervention is necessary (and if that is via an ambulance or private vehicle)
  - 5. Document the patient encounter
- C. <u>Major injuries</u>: Fractures (open or closed), complicated dislocations, neck injuries, unconscious athlete, heat stroke, arterial lacerations, etc.
  - 1. Check ABC's Primary survey
  - 2. Assist the Preceptor which includes dialing 911 immediately
  - 3. See emergency call procedure for dialing 911 below

- 4. Evaluate Injury
- 5. Treat injuries appropriately. Use universal precautions for body fluid contact
- 6. Assist the Preceptor in obtaining insurance and medical release forms
- 7. Document the incident

### V. Student Traveling with teams

- 1. Although a Preceptor will be traveling with a team, students are not required to travel, especially if they have academic work to complete.
- 2. Students will follow all procedures as listed above (and below) in assisting the Preceptor on the road.

### VI. Miscellaneous

### A. Emergency Situations

- 1. Medical emergencies
- 2. Head and neck injuries
- 3. Shock
- 4. Internal injuries
- 5. Superficial bleeding (extensive)
- 6. Fractures and dislocations
- 7. Soft-tissue trauma- is: eye, genitals, mucus membranes

### B. The Athletic Training Student should be ready to provide:

- 1. First Aid
- 2. Cardiopulmonary Resuscitation
- 3. Splinting assistance
- 4. Spine board assistance
- 5. Cervical collar application
- 6. Telephone use
- 7. Emergency evaluation

### C. The Athletic Training Student should have:

- 1. First Aid equipment
- 2. Scissors
- 3. Device to remove football helmet face mask
- 4. Splints, Vacuum form immobilizers
- 5. Cervical collar, towel
- 6. Telephone

### D. Do's and Don'ts

- 1. Do
  - a. Make sure your Preceptor is aware of the situation
  - b. Be calm and confident in handling the situation
  - c. Prepare for the worst
  - d. Stay within your limits as an athletic training student
- 2. Don't
  - a. Carry equipment over the victim
  - c. Panic at any time during care

IT IS IMPORTANT THAT YOU ARE FAMILIAR WITH THE PROCEDURES FOR USING EMERGENCY EQUIPMENT. A TEAM EFFORT IS NEEDED TO ACCOMPLISH THE CARE AND TRANSPORT OF THE INJURED ATHLETE. BE PATIENT WHEN DEALING WITH THE ATHLETE. LISTEN TO THE NEEDS AND APPLY THE CARE REQUIRED FOR THE INJURY

DOCUMENTATION IS AN ABSOLUTE MUST FOR THE INJURED ATHLETE. ALL INJURIES MUST BE DOCUMENTED. IF ON AWAY TRIPS, THE PRECEPTOR/STUDENT SHOULD WRITE DOWN THE PERTINENT INFORMATION AND RECORD IT IN THE COMPUTER INJURY REPORT LATER.

With athletic practices and competitions, the first person to respond to an emergency situation is typically a member of the Athletic Training Staff, most commonly a certified athletic trainer. The team physician may not always be present at every organized practice or competition. The scope and type of coverage provided to an athletic event may vary based on such factors as sport or activity, the setting, and the type of training or competition. There could be some instances when the first person responding is a coach or other institutional employee. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is recommended by the Athletic Training Staff for all athletics personnel associated with practices, competitions, skill instruction, and strength and conditioning sessions. This is in accordance with the NCAA Sports Medicine Handbook.

### Nebraska Wesleyan University EMERGENCY CALL PROCEDURE

DIAL 9-911 ON CAMPUS 911 OFF CAMPUS

	HEN THEY ANSWER K CLEARLY AND SLOWLY
A.	My name is
В.	I am an (Athletic Training Student) for Nebraska Wesleyan University.
C.	We have an athlete with (name the situation)
D.	We request an Ambulance at:
	Be very specific!
	Location of Facilities:
	Weary Center – Snyder Arena: Lower Level: Enter Westside Tower Door Upper Level: Southeast Entrance Fieldhouse – Enter Southwest Corner of 54 <sup>th</sup> & Huntington Abel Stadium - Enter Reserved Townhouse parking lot driveway off of 56 <sup>th</sup> north of stadium University Place Park – 49 <sup>th</sup> & Saint Francis Baseball Field- 30 <sup>th</sup> and J St. Athletic Practice Facility- Enter Reserved Townhouse parking lot off 56 <sup>th</sup> north of stadium
Е.	The athlete is being treated by  (Certified Athletic Trainer)  (other, know name)
Answe	er any questions carefully, calmly, correctly.
HANC	G UP AFTER THEY HANG UP.

REPORT TO ENTRANCE TO DIRECT AMBULANCE PERSONNEL TO ATHLETE.



# NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM BLOOD-BORNE PATHOGEN PLAN

### **ATP CONSIDERATIONS FOR AIDS/BLOOD-BORNE PATHOGENS:**

With the increasing concern of illness related to blood-borne pathogens, the ATP at Nebraska Wesleyan University annually educates athletic training students regarding the risk of transmitting diseases, the appropriate OSHA standards, and the appropriate protocols for handling blood. This policy will minimize occupational exposure to HIV (human immunodeficiency virus), HBV (hepatitis B virus), and CMV (cytomegalovirus). The NWU and NATA statements regarding blood-borne pathogens are found in Appendix C.

### I. Definitions

- **A. OSHA** Occupational Safety and Health Administration
- **B.** Sharps Any sharp object that can puncture or lacerate the skin
- C. Universal Precautions the concept that treats all contact with blood or other potentially infectious material as a "known" infectious pathogen
- D. Universal biohazard symbol
- **E. HIV** human immunodeficiency virus; the virus which causes AIDS (acquired immunodeficiency syndrome)
- **F. HBV** hepatitis B virus; transmitted through tears, saliva, and blood products
- **G. CMV** cytomegalovirus; a group of herpes viruses which allow for opportunistic infections

### II. Exposure Control/Post-Exposure Plan

- **A.** The ATP requires mandatory Blood-borne Pathogen training at the beginning of the fall semester.
  - 1. Students must complete a training module online which includes discussing HIV, HAV, HBV, HCV, other pathogens; precautions for blood-borne pathogens, and the exposure control plan.
  - 2. Training also includes completing an online blood-borne pathogen quiz as well as electronic verification that the training was completed.
  - 3. Athletic Training Students (and Pre-Athletic Training Students) are NOT permitted to be present at clinical sites until the training module and all components are completed.
- **B.** Clinical Preceptors designate hand washing facilities that are readily accessible and used by athletic training students.
- C. Work areas of reasonable likelihood of exposure, such as the athletic training room and playing field/court prohibit eating, drinking, using tobacco, applying cosmetics, and handling contact lenses.
- **D.** All procedures involving human blood must be performed in such a manner to minimize splashing, spraying, splattering, or generating droplets.
- **E.** The program provides gloves, mask and other protective devices for use when the athletic training student has contact with human blood.
- **F.** The program provides a rigid sharps container to dispose of sharps materials appropriately.
- **G.** Each clinical site ensures the worksite maintains a clean and sanitary condition. Each site also maintains a written schedule for cleaning and method of decontaminating.
- **H.** According to the clinical site policy, all equipment and working surfaces shall be cleaned and decontaminated after exposure.

- **I.** Biomedical wastes are collected and stored according to clinical site policy.
- **J.** All athletic training students are required to obtain the Hepatitis B vaccination series. The first two doses must be obtained prior to any clinical assignment. The third dose must be obtained within the first semester of clinical work.
  - 1. Exceptions: when the athletic training student previously receives documented completion of the Hepatitis B vaccination series, the antibody testing reveals that the athletic training student is immune, or the vaccine is contraindicated for medical reasons.
  - 2. An athletic training student may decline the hepatitis B vaccination, but must read and sign a statement. The NWU faculty highly recommends the students complete Hepatitis B vaccination series.
- **K.** Following a report of HIV or HBV (or other) exposure incident, the exposed athletic training student obtains a confidential medical evaluation and follow-up.

### III. Education

- **A.** Athletic training students have formal education on blood-borne pathogens in AT 1270, AT 1300 and at the start of each Fall semester.
- **B.** Athletic training students have the skills related to blood-borne pathogens as a yearly clinical competency evaluated.
- C. Athletic training students complete the online training module related to blood-borne pathogens.
- **D.** Pre-athletic training students are required to complete the online module before observing at any clinical site. Once in the program, the above process is followed.
- **E.** Clinical Preceptors will discuss the specific rules and regulations regarding proper handling of blood and potentially infected material for each Clinical Site.

### IV. Documentation

- **A.** Educational training records are maintained in the Program Director's Office and are archived on ATrack for all students in the ATP and all Pre-AT observers.
- **B.** Records of all hepatitis B vaccinations are maintained in the student file in the Program Director's Office.

### V. <u>Categorization of Athletic Training Students for OSHA Standards</u>

- **A.** Category 1
  - 1. Athletic Training Students obtaining clinical experience.
  - 2. Clinical Preceptors.
- **B.** Category 2
  - 3. Any student observing in the Athletic Training Room but not admitted into the ATP.

### VI. General Guidelines for Risk Management

- **A.** Athletic training students follow the policies and procedures in place at the assigned clinical site.
- **B.** General rules to keep in mind:
  - 1. Treat all blood as potentially infected.
  - 2. Use disposable gloves as a barrier when treating a patient who has broken skin, is bleeding, or you are treating a mucous membrane.
    - a. Wear gloves when handling items or surfaces soiled with blood or other bodily fluids.
    - b. Replace disposable gloves as soon as possible if torn or punctured.
    - c. Dispose of gloves properly after single use.
  - 3. Wash hands with soap and water and dry with paper towels before and after treating a patient.
  - 4. Use protective devices during resuscitation.
  - 5. Handle all towels or linen soiled by blood appropriately.
  - 6. Place all used gloves, soiled bandages, and soiled towels in a biohazard bag or container.
  - 7. Utilize a 1:10 bleach solution or other approved cleaner for cleaning contaminated surfaces.
  - 8. Sharps should not be sheared, broken, bent, recapped, or removed before disposal.
  - 9. Place sharps in rigid containers. Never discard sharps in regular trash.



### Nebraska Wesleyan University Athletic Training Room Blood-borne Pathogen Policy

Universal precautions should be followed when <u>treating a patient with a wound</u>. These guidelines should be followed:

- Apply disposable gloves (Located in boxes on the walls throughout the Athletic Training Room or in the Athletic Training Kit when outside).
- Use sterile gauze to control any bleeding.
- Clean the wound and apply a clean, sterile dressing (adhesive bandage or other).
- Remove gloves correctly.
- Place any soiled materials in biohazard bag or container (The biohazard container is located on the North wall near the laser printer in the Athletic Training Room and bags are kept in the Athletic Training Kit when outside).
- Wash hands thoroughly with soap and warm water. Dry hands with clean paper towel.
- Document any treatment given.
- Report any exposure to the Head Athletic Trainer immediately.

<u>All spills consisting of bodily fluids</u> should be considered infectious and should be given immediate attention after occurring. There are certain guidelines to follow when dealing with any bodily fluids.

- Limit access to the exposed area until appropriately disinfected.
- Practice universal precautions, including the use of personal protective equipment (disposable gloves).
- Apply disposable gloves (Located in boxes on the walls throughout the Athletic Training Room or in the Athletic Training Kit when outside).
- Use disposable towels or similar item to wipe up spills (found by the sinks in the ATR and in the Athletic Training Kit when outside).
- Apply disinfectant to the exposed surfaces. Let stand for several minutes. Then, wipe or blot with disposable toweling.
- Remove gloves correctly.
- Place soiled materials in biohazard bag or container (The biohazard container is located on the North wall near the laser printer in the Athletic Training Room and bags are kept in the Athletic Training Kit when outside).
- Wash hands thoroughly.
- Report any exposure to the Head Athletic Trainer immediately.

An additional piece of Personal Protective Equipment is a CPR Mask that should be used when performing rescue breaths. A mask is located in the goniometer drawer in the Athletic Training Room and each student is required to carry one with them at all times.

### **Hepatitis B Vaccine Declination**

I understand that due to my occupational exposure (clinical experiences) to human blood or other potentially infectious materials I may be at risk for acquiring hepatitis B virus (HBV). Although given the opportunity to be vaccinated with hepatitis B vaccine, I decline hepatitis B vaccination at this time. I understand that by declining this vaccine, I remain at risk of acquiring hepatitis B, a serious disease. I hereby hold harmless and fully release Nebraska Wesleyan and its staff, employees, faculty and agents, from any and all liability for and claims of any kind for damages and expenses of any and all types, including death and death related expenses, that I incur or are otherwise resulting from my acquisition of hepatitis B due to my refusal to be vaccinated against hepatitis B virus (HBV). If in the future I continue to have occupational exposure to human blood or other potentially infectious materials and I want to be vaccinated with hepatitis B vaccine, I can receive the vaccination series.

Print Name
Social Security Number
Department
Signature
Date
Signature of Clinical Education Coordinator
Date

### NEBRASKA WESLEYAN UNIVERSITY ATHELTIC TRAINING PROGRAM COMMUNICABLE DISEASE POLICY

A communicable disease is an infectious disease that is spread from person-to-person through casual contact or respiratory droplet. Almost any transmissible infection may occur in the community at large or within health care organizations and can affect both personnel and patients. According to the Centers for Disease Control and Prevention, infectious diseases that occur frequently in the health care setting include:

- Bloodborne pathogens
- Conjunctivitis
- Cytomegalovirus
- Diphtheria
- Gastrointestinal infections, acute
- Hepatitis A
- Herpes simplex
- Measles
- Meningococcal disease
- Mumps
- Parvovirus
- Pertussis
- Poliomyelitis
- Rabies
- Rubella
- Scabies and pediculosis
- Staphylococcus aureaus infection and carriage
- Streptococcus infection
- Tuberculosis

All Athletic Training Program (ATP) students will be advised of medical care available from the University Student Health Services.

The University Student Health Services will be notified of suspected cases of any of the above diseases involving ATP students, or student-athletes. Other potentially less serious infectious diseases, such as chicken pox, influenza, and pneumonia will be handled by a case-by-case basis.

### Procedure:

If an ATP student becomes ill, he/she is to report to the University Student Health Services or his/her private medical practitioner for medical evaluation. The student should avoid contact with others if advised to do so by the physician.

If the student is diagnosed with a communicable disease, he or she shall notify the ATP Clinical Education Coordinator (CEC) and his/her Clinical Preceptor immediately. The CEC may request

medical documentation for an extended absence from the student's clinical experience. Students who are diagnosed with a communicable disease will require physician's clearance before they may return to their clinical assignment.

At the beginning of each academic year, students must read this policy and sign that they have read and will follow it.

### Appendix A

## NWU ATP Annual Verification of Policies Signature Sheet

(This is completed in person or electronically through ATrack)

### NEBRASKA WESLEYAN UNIVERSITY ATHLETIC TRAINING PROGRAM

### **ANNUAL VERIFICATION OF POLICIES**

Name:	Academic Year:
& Procedures Manual including the f Wesleyan University. I agree to abid	t I have received, read, and understand the updated NWU ATP Policies ollowing policies set forth by the athletic training program at Nebraska e by these policies, and realize that failure to do so may result in my e athletic training education program:
(Please initial next to each policy)	
Clinical Education	Guidelines
Communicable Dis	ease Policy
Alcohol and Drug I	Policy
occurred), arrested, Program Director. F	am cited for an offense (speeding not included unless arrest or convicted of a crime, I must immediately report the situation to the ailure to do so can result in suspension or expulsion from the University Athletic Training Program.
(For Level II's AND	III's Only):
occurr	not been cited for any offense (speeding not included unless arrest ed), arrested, or convicted of a crime since I completed the <i>One</i> e Background Check.
occurr Source	been cited for an offense (speeding not included unless arrest ed), arrested, or convicted of a crime since I completed the <i>One</i> e Background Check.  ase Explain:
Wesleyan University been formally instruc	understand that as a Level I athletic training student at Nebraska I will only set up the specific Therapeutic Modalities of which I have cted and formally evaluated. I will only use the parameters given to me Clinical Preceptor. I will not change or alter treatment parameters.
Student Signature:	Date:

### Appendix B

## NWU Athletic Training Room Emergency Action Plan

(All other NWU & Clinical Site EAPs can be found on site)

### **Emergency Action Plan For Athletic Training Room**

**Personnel:** In the event of an emergency, a certified athletic trainer (AT) should take control of the situation. Athletic Training Students are often assigned to an AT working a practice or event. Athletic Training Students are only present when an AT is assigned to cover a practice or event.

**Communication:** Communication between ATs, athletic training students, physicians, and the EMS crew will be via cellular telephones, two-way radios, and/or a landline located in the AT's offices within the athletic training room.

**Equipment:** The athletic training room contains all equipment necessary in the case of an emergency including but not limited to basic supplies for first aid care, supplies for splinting and taping, a spine board, neck immobilizers, air splints, and crutches. An AED is located in the hallway just outside the Athletic Training Room door.

**Inclement Weather:** In the case of inclement weather (i.e. Thunderstorms/ Lightning, Hail, Hurricane, Tornado) a member of the Athletic Training Staff will monitor threatening weather and make the decision to remove a team or individuals from an athletic site or event.

**Tornado:** In the case of a tornado, seek shelter in the lower level locker rooms of the Marion and Marian Weary center.

### **Actions and Responsibilities**

- 1. Responsibility for the immediate care of the athlete is as follows: 1) AT or physician; or 2) athletic training student when supervised by an AT.
- 2. An AT or an athletic training student is responsible for the retrieval of the equipment the first responder deems necessary.
- 3. If the emergency medical system is needed:
  - A. An AT or athletic training student will dial 911
  - B. The following information is to be given to the operator:
    - 1. Name of the caller
    - 2. Number and name of injured athlete(s)
    - 3. Condition of athlete(s)
    - 4. Type of first-aid being conducted and by whom
    - 5. Specific directions to Abel Stadium

Going south on 56<sup>th</sup> street turn west into the Reserved Parking located North of the stadium, continue west to the sidewalk running along the west side of the stadium and enter the Weary Center through the northeast doors.

- 4. Assign an AT or athletic training student to meet the EMS crew as they arrive and have them direct the EMS crew to the scene.
- 5. Have an AT an athletic training student accompany the athlete to the medical center with the proper insurance papers
- 6. The AT or head coach will notify the parents of the injured athlete and the location to which the athlete is being taken.
- 7. Notify the head AT and complete the necessary paperwork.

## Appendix C

### **Evaluations Used within the ATP**

(The majority of these are distributed, submitted & stored on ATrack)

### Nebraska Wesleyan University Athletic Training Program Preceptor Evaluation done by Students and Clinical Education Coordinator Survey of Effective Clinical Educator Behaviors

DIRECTIONS:

clinical instructor/supervisor demonstrates the behavior. Circle the number that corresponds to your answer for your *current* clinical instructor in the right-hand column (you will have two responses for each behavior statement). If you do not have a current clinical instructor, leave the left-hand column blank. For the following statements, mark each on a scale from 1 to 5 (1 = 'never' to 5 = 'very often') indicating how often your *current* and an *ideal* 

C	Current Clinical		Instructor	r.	Survey of Effective Clinical Educator Behaviors	$I_{\ell}$	teal Clin	Ideal Clinical Instructor	structon	
1 Never	2 Rarely	3 Some- times	4 Fairly Often	5 Very Often		1 Never	2 Rarely	3 Some- times	4 Fairly Often	5 Very Often
1	2	3	4	5	Provides a clear, concise explanation of the material.	1	2	3	4	5
-	2	3	4	5	Uses relevant verbal examples to clarify my understanding.	1	2	3	4	5
1	2	3	4	5	Demonstrates a variety of clinical skills for my benefit.	1	2	3	4	5
1	2	3	4	5	Bridges classroom knowledge to the clinical site and patient care.	1	2	3	4	5
	2	3	7	5	Provides the time and materials for skill practice.	1	2	3	4	5
1	2	3	4	5	Encourages me to participate in clinical activities and patient care up to my ability level.	1	2	3	4	5
1	2	3	4	5	Refers me to educational aids (posters, books, journals, etc.) to encourage independent problem solving.	1	2	3	4	5
	2	3	4	5	Watches me practice my clinical skills and interact with patients.	1	2	3	4	5
Т	2	3	4	5	Offers praise for a job well done.	1	2	3	4	5
1	2	3	4	5	Gives immediate and specific feedback that helps me improve my skills.	1	2	3	4	S
1	2	3	4	5	Gives fair, non-judgmental performance evaluations.	1	2	3	4	5
1	2	3	4	5	Provides time to discuss performance evaluations and opportunities for improvement.	1	2	3	4	5
1	2	3	4	5	Asks simple questions that require only recall of memorized facts.	1	2	3	4	5
E	2	3	4	5	Asks complex or difficult questions that make me think critically (ie. analyze, evaluate, or problem solve the situation).	-	2	3	4	20

C C	Surrent Clinical Instructor	linical I.	nstructo	ır	Survey of Effective Clinical Educator Behaviors	Ia	teal Cli	Ideal Clinical Instructor	structor	
1	2	3	4	5	Actively plans or structures the overall clinical experience.	-	2	3	4	S
1	2	3	4	5	Participates in or leads discussions on thought-provoking, relevant topics.	Ī	2	3	4	ĸ
1	2	3	4	5	Refrains from engaging in conversations that are unrelated to the clinical experience, my education, or patient care.	1	2	3	4	ĸ
1	2	3	4	5	Actively supervises my clinical practice (ie. has constant auditory and visual contact myself and my patients).	1	2	3	4	ĸ
1	2	3	4	5	Takes an active role in organizing slow time in the clinical setting to promote learning and prevent boredom.	1	2	3	4	5
-	2	3	4	5	Answers questions honestly and intelligently when asked.	-	2	3	4	5

<sup>\*</sup>Dondanville, 2005

### Nebraska Wesleyan University Athletic Training Program Student Evaluation of the Clinical Site

Site Evaluation: done by student

This form is to be completed by the student at the end of each clinical experience. The focus of this evaluation is the clinical site. The clinical preceptor is to be evaluated on a separate form.

- \* Select the clinical site/experience.
- \* Select the academic year in which you are completing the evaluation.
- \* Select your Level in the athletic training program.
- \* Please select the primary clinical preceptor at the site you are evaluating.
- \* Date range of clinical assignment

In order to maintain a quality Athletic Training Program, your input is needed. Please evaluate the quality of the **clinical site**. All responses are confidential. A summary of responses will be given to each clinical site supervisor at the end of the year to help improve the clinical experience of the athletic training program students. **Select the rating which most appropriately represents your response to the statement. Comments may be added where appropriate.** 

* Clinical Site	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Not Observed
The clinical site provided me the opportunity to learn and acquire new knowledge.						
An adequate amount of supplies was available for my use during the assignment.						
Appropriate modalities and rehabilitation equipment were available at the clinical site.						
The clinical site provided me with challenges in which I could utilize my skills and knowledge.						
Proper protocols and procedures were documented and used on a consistent basis.						

* Clinical Site	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Not Observed
The space and design of the clinical site were adequate.						
This clinical site helped prepare me for a career in athletic training.			-	-		
Nebraska Wesleyan University ATP should continue to use this clinical site for clinical education of athletic training students.						

<sup>\*</sup> Describe the strengths of this clinical site.

Additional Comments:

\* Signature of student completing the evaluation.

<sup>\*</sup> Share any suggestions you have for this clinical site.

### Nebraska Wesleyan University Athletic Training Program Clinical Education Coordinator's Review of the Clinical Site

Site Eva	luation:	done	by	CEC

This form is to be completed by the clinical education coordinator or program director each year. The focus of this evaluation is the clinical site.

- \* Select the clinical site/experience.
- \* Select the academic year in which you are completing the evaluation.

In order to maintain a quality Athletic Training Program, continual evaluation is needed. Please evaluate the quality of the clinical site. Select the rating which most appropriately represents your response to the statement. Comments may be added where appropriate.

* Facility	Exceeds standards	Meets Standard	Approaching standard	Not meeting standard	Not Observed
Ventilation of the athletic training room					
Access to computer and appropriate computer programs					
Physical attributes are educationally sound					
Cleanliness	-	-	-	-	-
Water source, sink and toilets					
Lighting					
Phone-emergency access					
Storage space for ATS personal items					
Appropriate record/charting area					
Access to resource material					
Appropriate area for preceptor to counsel with the ATS					

* Facility	Exceeds standard		Meets andard	Approachi standard		ot meeting standard	Not Observed
Room can be secured							
Calibration and electrical checks							
OSHA and blood-borne pathogen policy							
Emergency Action Plan							
* Faunment	xceeds andard	Standa Met		Approachir Standard		Not Meet Standard	N/A
Cryotherapy equipment							
Thermotherapy equipment							
Rehabilitation equipment		-		-		-	
First Aid Supplies							
Emergency equipment							
Biohazards equipment							
* Overall		Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Not Observed
The athletic training students had contact with other allied health professionals	d						
Various therapeutic modalities wavailable for the athletic training students" experience		_	-	-	-	-	-
Various therapeutic rehabilitatio equipment was available for athl training student experience							
Library resources were available	for						

* Overall	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Not Observed
student use (videos, literature, brochures, books, internet access, etc.)						
The facility is clean and provides a welcoming environment for the athletic training student(s) and patients	-	-		-		-
The blood-borne pathogen policy and blood-borne pathogen equipment and venue-specific emergency action plans are readily available						
The clinical setting space allowed the student(s) to provide uninterrupted patient care						
In regards to the overall evaluation, the clinical site prepared the athletic training student(s) for a future in athletic training						
* Describe the strengths of this clinical site						
* Share any suggestions you have for this	clinical site	€.				
Additional Comments:						
* Signature of Evaluator						

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level I Student Semester 1

Clinical Preceptor Evaluation of Level I Student Semester 1

This form is to be completed by the Clinical Preceptor and then reviewed by the clinical preceptor and student at the end of each clinical experience.

- \* Athletic Training Student
- \* Clinical Site/Experience
- \* Select the primary type of clinical experience
- \* Select the academic year in which you are completing this evaluation.
- \* Date range of clinical assignment

### Level I, Semester 1 Athletic Training Student Clinical Evaluation Form

**Courses Completed:** AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care

**Courses Currently Enrolled:** AT 2010: Clinical Experience I; AT 2400: Physical Exam of the Lower extremity

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
Adaptable/Flexible: Student adjusted easily to changes in schedules, emergencies, etc.						
Attitude: Student represented the program in a positive manner, was						

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
excited to be at the clinical site, responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed others, and gave positive input.						
Organization: Student approached the clinical experience in an organized fashion and effectively utilized "down time".						
Personal Appearance: Student dressed appropriately in accordance with the program						

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
dress code.						
Professionalism: Student acted appropriately and confidently, was professional as he/she related with others, and made reasonable decisions.						
Punctual: Student reported to the clinical experience on time.						
Reliable/Dependable/Responsible: present when scheduled, handled conflict when it arose, etc.						
Self-Improvement: Student accepted constructive criticism and worked to improve himself / herself.						
Average: Weighted (0%):						
* Athletic Training Competencies		Above Average A	verage	elow No verage Accept		ed
Demonstrated the ability to perform an evaluation, including taking a medical history, documenting the injury, entering the injury electronically, and updating the record as needed.						
Demonstrated proper use of universal precautions and						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
proper wound care.						
Performed proper treatment for acute injuries, illnesses, and conditions.						
Performed an emergency assessment, provided immediate care, and demonstrated the proper transportation of an injured athlete.						
Demonstrated appropriate anthropometric measurements and other procedures utilized as components of a physical examination.						
Performed basic splinting techniques, including using a spine-board and cervical collars.						
Constructed pads and protective devices to decrease friction and protect from further injury.						
Properly applied ice packs, hot packs, and ultrasounds as directed.						
Completed competencies related to preventative and protective taping.						
Completed competencies related to preventative and protective wrapping.						
Completed competencies related to evaluation of the toes/foot.						
Completed competencies related to evaluation of the						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed		
ankle/lower leg.								
Completed competencies related to evaluation of the knee.								
Completed competencies related to evaluation of the thigh.								
Completed competencies related to evaluation of the Hip/Pelvis.								
Average: Weighted (0%):								
* Areas of Strength:								
* Areas Needing Improvement:								
* Other Comments and/or Recommendations:								
* Student Comments:								

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level I Student Semester 2

Clinical Preceptor Evaluation of Level I Semester 2 Student
Submitted by: Completed on:
This form is to be completed by the Clinical Preceptor and then reviewed by the clinical preceptor and student at the end of each clinical experience.
* Athletic Training Student
* Clinical Site/Experience
* Select the primary type of clinical experience
Select the academic year in which you are completing this evaluation.
Date range of clinical assignment
Level I, Semester 2 Athletic Training Student Clinical Evaluation Form
Courses Completed: AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care, AT 2010: Clinical Experience I, AT 2400: Physical Exam of the Lower Extremity
Courses Currently Enrolled: AT 2020: Clinical Experience II; AT 2410: Physical Exam of the Upper Extremity; AT 2450 Therapeutic Modalities of Athletic Injuries

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
Adaptable/Flexible: Student adjusted easily to changes in schedules, emergencies, etc.						
Attitude: Student represented the program in a positive manner, was excited to be at the clinical site, responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed						

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
others, and gave positive input.						
Organization: Student approached the clinical experience in an organized fashion and effectively utilized "down time".						
Personal Appearance: Student dressed appropriately in accordance with the program dress code.						
Professionalism: Student acted appropriately and confidently, was professional as he/she related with others, and made reasonable decisions.						
Punctual: Student reported to the clinical experience on time.						
Reliable/Dependable/Responsible: present when scheduled, handled conflict when it arose, etc.						
Self-Improvement: Student accepted constructive criticism and worked to improve himself / herself.						
Average: Weighted (0%):						
* Athletic Training Competencies	2	Above Average A	verage	elow No erage Accept		ed

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Demonstrated the ability to perform an evaluation, including taking a medical history, documenting the injury, entering the injury electronically, and updating the record as needed.						
Demonstrated the ability to exam, assess and position a patient appropriately prior to the application of a therapeutic modality.						
Demonstrated the ability to select and apply thermal agents (cryotherapy and thermotherapy).						
Demonstrated the ability to select and apply electrical stimulation modalities.						
Demonstrated the ability to select and apply therapeutic ultrasound.						
Demonstrated the ability to apply various methods of traction.						
Performed therapeutic massage as an appropriate adjunct to the treatment process.						
Demonstrated the ability to apply a surface EMG unit.						
Completed competencies related to evaluation of the toes/foot.						
Completed competencies related to evaluation of the ankle/lower leg.						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Completed competencies related to evaluation of the knee.						
Completed competencies related to evaluation of the thigh.						
Completed competencies related to evaluation of the Hip/Pelvis.						
Completed competencies related to evaluation of the lumbar spine.						
Completed competencies related to evaluation of the head.						
Completed competencies related to evaluation of the neck/cervical spine.						
Completed competencies related to evaluation of the shoulder.						
Completed competencies related to evaluation of the elbow/forearm.						
Completed competencies related to evaluation of the wrist/hand/fingers.						
Completed competencies related to evaluation of the abdomen.						
Completed competencies related to evaluation of the thorax.						
Applied knowledge from the Prevention and Care of Athletic Injuries Course.						
Applied knowledge from the Advanced Emergency Care Course.						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
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### Average:

Weighted (0%):

- \* Areas of Strength:
- \* Areas Needing Improvement:
- \* Other Comments and/or Recommendations:
- \* Student Comments:

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level II Student Semester 1

### Clinical Preceptor Evaluation of Level II Semester 1 Student

This form is to be completed by the Clinical Preceptor and then reviewed by the Clinical Preceptor and student at the end of each clinical experience.

- \* Athletic Training Student
- \* Clinical Site/Experience
- \* Select the primary type of clinical experience
- \* Select the academic year in which you are completing this evaluation.
- \* Date range of clinical assignment

### Level II, Semester 1 Athletic Training Student Clinical Evaluation Form

**Courses Completed:** AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care; AT 2010: Clinical Experience I; AT 2020: Clinical Experience II; AT 2400: Physical Exam of the Lower extremity; AT 2410: Physical exam of the Upper Extremity; AT 2450: Therapeutic Modalities of Athletic Injuries

**Courses Currently Enrolled:** AT 3600: Rehabiliation of Injuries; AT 3010: Clinical Experience III; AT 3330: Health Assessment

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	verage: Not needs Acceptable: aximal unable to dance or do task or often never does uccessful task	
Adaptable/Flexible: Student adjusted easily to changes in schedules, emergencies, etc.						
Attitude: Student represented the program in a positive manner, was excited to be at the clinical site, responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed others, and gave positive input.						
Organization: Student approached the clinical experience in an						

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
organized fashion and effectively utilized "down time".						
Personal Appearance: Student dressed appropriately in accordance with the program dress code.						
Professionalism: Student acted appropriately and confidently, was professional as he/she related with others, and made reasonable decisions.						
Punctual: Student reported to the clinical experience on time.						
Reliable/Dependable/Responsible: present when scheduled, handled conflict when it arose, etc.						
Self-Improvement: Student accepted constructive criticism and worked to improve himself / herself.						
Average: Weighted (0%):						
* Athletic Training Competencies	-	Above Average	Vergoe	elow No erage Accept		ed
Demonstrated the ability to perform an evaluation, including taking a medical history, documenting the injury, entering						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
the injury electronically, and updating the record as needed.						
Demonstrated the ability to exam, assess and position a patient appropriately prior to the application of a therapeutic modality.						
Demonstrated the ability to select and apply thermal agents (cryotherapy and thermotherapy).						
Demonstrated the ability to select and apply electrical stimulation modalities.						
Applied knowledge from Prevention and Care of Athletic Injuries.						
Applied knowledge from Advanced Emergency Care.						
Applied knowledge from Physical Examination of the Lower Extremity.						
Applied knowledge from Physical Examination of the Upper Extremity.						
Applied knowledge from the Therapeutic Modalities course.						
Performed a variety of PNF, range of motion (ROM), and stretching techniques for the upper and lower extremities, neck, and back.						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Performed joint mobilizations appropriately according to the treatment goals.						
Demonstrated isometric, isotonic, and isokinetic testing.						
Demonstrated aquatic therapy techniques.						
Incorporated a variety of cardiorespiratory endurance exercises into rehabilitation programs.						
Completed competencies related to a variety of rehabilitation and strength and conditioning equipment in a satisfactory manner.						
Completed competencies related to upper extremity rehabilitation in a satisfactory manner.						
Completed competencies related to lower extremity rehabilitation in a satisfactory manner.						
Completed competencies related to trunk/torso rehabilitation in a satisfactory manner.						
Completed competencies related to cervical spine rehabilitation in a satisfactory manner.						
Demonstrated the ability to communicate with patients, clinical preceptor, and health care professional regarding confidential matters (injuries, eating disorders, etc.).						

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Demonstrated an understanding of the role of pharmacological agents in the treatment of injuries, illnesses, and conditions.						
Demonstrated an understanding of a variety of medical conditions, injuries and diagnostic techniques.						
Average: Weighted (0%):						
* Areas of Strength:						
* Areas Needing Improvement:						
* Other Comments and/or Recomm	endations:					
* Student Comments:						

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level II Student Semester 2

Clinical Preceptor Evaluation of Level II Semester 2 Student

This form is to be completed by the Clinical Preceptor and then reviewed by the Clinical Preceptor and student at the end of each clinical experience.

- \* Athletic Training Student
- \* Clinical Site/Experience
- \* Select the primary type of clinical experience
- \* Select the academic year in which you are completing this evaluation.
- \* Date range of clinical assignment

### Level II, Semester 2 Athletic Training Student Clinical Evaluation Form

**Courses Completed:** AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care; AT 2010: Clinical Experience I; AT 2020: Clinical Experience II; AT 2400: Physical Exam of the Lower Extremity; AT 2410: Physical exam of the Upper Extremity; AT 2450: Therapeutic Modalities of Athletic Injuries; AT 3600: Rehabiliation of Injuries; AT 3330: Health Assessment; AT 3010: Clinical Experience III

**Courses Currently Enrolled:** AT 3020: Clinical Experience IV; AT 4350 Organization and Administration of Athletic Training

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
A dentable/Flexible: Student						

Adaptable/Flexible: Student adjusted easily to changes in schedules, emergencies, etc.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
Attitude: Student represented the program in a positive manner, was excited to be at the clinical site, responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed others, and gave positive input.						
Organization: Student approached the clinical experience in an organized fashion and effectively utilized "down time".						
Personal Appearance: Student						

* Personal & Professional Attributes		Only if Outstanding: functions independently or always does task		Abo Avera need mining guida or perfor task major of tin	age: ds mal ance rms the rity	Average: needs moderate guidance or frequently performs task		Below Average: needs maximal guidance or often unsuccessful doing task		erage: Not eeds Acceptable: ximal unable to ance or do task or ften never does ccessful task		Not Observ	
dressed appropriately in accordance with the program dress code.													
Professionalism: Student acted appropriately and confidently, was professional as he/she relawith others, and made reasonal decisions.	ted												
Punctual: Student reported to the clinical experience on time.	he												
Reliable/Dependable/Responsii present when scheduled, handle conflict when it arose, etc.													
Self-Improvement: Student accepted constructive criticism and worked to improve himself herself.													
Average: Weighted (0%):													
* Athletic Training Competencies		nly if standing	Abo Avei		Ave	rage	Belo Aver		Not Accepta		Not Observ	ed	
Applied knowledge from Prevention and Care of Athletic Injuries.													
Applied knowledge from Advanced Emergency Care.													

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Applied knowledge from Physical Examination of the Lower Extremity.						
Applied knowledge from Physical Examination of the Upper Extremity.						
Applied knowledge from the Therapeutic Modalities course.						
Applied knowledge from Rehabilitation of Injuries.						
Applied knowledge from Health Assessment.						
Completed competencies related to documentation.						
Completed competencies related to the inventory of supplies.						
Demonstrated an understanding of venue specific Emergency Action Plans.						
Demonstrated compliance with infection control procedures.						
Demonstrated an understanding of the roles of other Healthcare providers.						
Average: Weighted (0%):						
* Areas of Strength:  * Areas Needing Improvement:  * Other Comments and/or Reco  * Student Comments:	mmendations:					

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level III Student Semester 1

Clinical Preceptor Evaluation of Level III Semester 1 Student

This form is to be completed by the Clinical Preceptor and then reviewed by the Clinical Preceptor and student at the end of each clinical experience.

- \* Athletic Training Student
- \* Clinical Site/Experience
- \* Select the primary type of clinical experience
- \* Select the academic year in which you are completing this evaluation.
- \* Date range of clinical assignment

### Level III, Semester 1 Athletic Training Student Clinical Evaluation Form

Courses Completed: AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care; AT 2010: Clinical Experience I; AT 2020: Clinical Experience II; AT 2400: Physical Exam of the Lower extremity; AT 2410: Physical exam of the Upper Extremity; AT 2450: Therapeutic Modalities of Athletic Injuries; AT 3010: Clinical Experience III; AT 3600: Rehabiliation of Injuries; AT 3020: Clinical Experience IV

Courses Currently Enrolled: AT 4010 Clinical Experience V; AT 3330: Health Assessment

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes  Adaptable/Flexible: Student	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
adjusted easily to changes in schedules, emergencies, etc.						
Attitude: Student represented the program in a positive manner, was excited to be at the clinical site,						

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs needs needs needs needs needs needs Average: Not Acceptable: unable to do task or performs frequently performs task the najority task Average: Not Acceptable: unable to do task or never does task the neighbor never does task the neighbor needs		Not Observed	
responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed others, and gave positive input.						
Organization: Student approached the clinical experience in an organized fashion and effectively utilized "down time".						
Personal Appearance: Student dressed appropriately in accordance with the program dress code.						

* Personal & Professional Attributes	Only if Outstanding functions independently or always does task	Averag needs minima guidancy or perform task the majorit	Above Average: needs needs minimal guidance or performs task the majority of time  Average: needs needs needs needs needs needs needs maximal guidance or performs task the performs task doing task		erage: eeds ximal ance or ften ccessful	Not Acceptabl unable to do task o never doe task	r Ot	Not oserved
Professionalism: Student acted appropriately and confidently, was professional as he/she related with others, and made reasonable decisions.								
Punctual: Student reported to the clinical experience on time.								
Reliable/Dependable/Responsible present when scheduled, handled conflict when it arose, etc.								
Self-Improvement: Student accepted constructive criticism and worked to improve himself / herself.								
Average: Weighted (0%):								
* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	No Accept		lot erved	
Applied knowledge from Prevention and Care of Athletic Injuries.								
Applied knowledge from Advanced Emergency Care.								
Applied knowledge from Physical Examination of the Lower Extremity.								
Applied knowledge from								

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed			
Physical Examination of the Upper Extremity.									
Applied knowledge from the Therapeutic Modalities course.									
Applied knowledge from Rehabilitation of Injuries class.									
Applied knowledge from Organization & Administration Class.									
Demonstrated the ability to communicate with patients, clinical preceptor, and health care professional regarding confidential matters (injuries, eating disorders, etc.).									
Demonstrated an understanding of the role of pharmacological agents in the treatment of injuries, illnesses, and conditions.									
Demonstrated an understanding of a variety of medical conditions, injuries and diagnostic techniques.									
Average: Weighted (0%):									
* Areas of Strength:  * Areas Needing Improvement:  * Other Comments and/or Recommendations:  * Student Comments:									

### Nebraska Wesleyan University Athletic Training Program Evaluation of Level III Student Semester 2

Clinical Preceptor Evaluation of Level III Semester 2 Student

This form is to be completed by the Clinical Preceptor and then reviewed by the Clinical Preceptor and student at the end of each clinical experience.

- \* Athletic Training Student
- \* Clinical Site/Experience
- \* Select the primary type of clinical experience
- \* Select the academic year in which you are completing this evaluation.
- \* Date range of clinical assignment

#### Level III, Semester 2 Athletic Training Student Clinical Evaluation Form

Courses Completed: AT 1300: Prevention and Care of Athletic Injuries, AT 1270 Advanced Emergency Care; AT 2010: Clinical Experience I; AT 2020: Clinical Experience II; AT 2400: Physical Exam of the Lower Extremity; AT 2410: Physical Exam of the Upper Extremity; AT 2450: Therapeutic Modalities of Athletic Injuries; AT 3010: Clinical Experience III; AT 3600: Rehabiliation of Injuries; AT 3020: Clinical Experience IV; AT 4010 Clinical Experience V; AT 3330: Health Assessment; AT 4350: Organization and Administration of Athletic Training

Courses Currently Enrolled: AT 4020 Clinical Experience VI

For each of the following items, please select the number which best describes the athletic training student's performance. Students will be evaluated only on items that the clinical preceptor has observed the student perform during the clinical experience.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
--------------------------------------	---	--	---	--	---	-----------------

Adaptable/Flexible: Student adjusted easily to changes in schedules, emergencies, etc.

* Personal & Professional Attributes	Only if Outstanding: functions independently or always does task	Above Average: needs minimal guidance or performs task the majority of time	Average: needs moderate guidance or frequently performs task	Below Average: needs maximal guidance or often unsuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
Attitude: Student represented the program in a positive manner, was excited to be at the clinical site, responded well to instruction and mentoring, and used critical thinking skills.						
Communication Skills: Student effectively communicated with others in written and verbal form, maintained patient confidentiality, asked questions, communicated with Clinical Preceptor.						
Cooperation: Student worked well with peers, clinical preceptors, and staff.						
Empathy/Judgment: Student placed the patients well-being as a priority, was supportive, and was ethical in word and deed.						
Initiative: Student was willing to act independently and gave extra effort.						
Leadership: Student leads by example, delegated and directed others, and gave positive input.						
Organization: Student approached the clinical experience in an organized fashion and effectively utilized "down time".						
Personal Appearance: Student						

* Personal & Professional Attributes	Only Outstand function independ or alway does ta	Average if new	eds no imal moo ance gui or orms freq per	quently forms u	Below Average: needs maximal guidance or often insuccessful doing task	Not Acceptable: unable to do task or never does task	Not Observed
dressed appropriately in accordance with the program dress code.							
Professionalism: Student acted appropriately and confidently, was professional as he/she relat with others, and made reasonab decisions.							
Punctual: Student reported to the clinical experience on time.	ie						
Reliable/Dependable/Responsib present when scheduled, handle conflict when it arose, etc.							
Self-Improvement: Student accepted constructive criticism and worked to improve himself herself.	7/						
Average: Weighted (0%):							
* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average		Not Observe	ed
Applied knowledge from Prevention and Care of Athletic Injuries.							
Applied knowledge from Advanced Emergency Care.							
Applied knowledge from							

* Athletic Training Competencies	Only if Outstanding	Above Average	Average	Below Average	Not Acceptable	Not Observed
Physical Examination of the Lower Extremity.						
Applied knowledge from Physical Examination of the Upper Extremity.						
Applied knowledge from the Therapeutic Modalities course.						
Applied knowledge from Rehabilitation of Injuries class.						
Applied knowledge from Organization & Administration Class.						
Applied knowledge from Health Assessment.						
Exhibited the skills associated with an entry-level athletic trainer.						
Average: Weighted (0%):						
* Areas of Strength:						
* Needing Improvement:						
* Other Comments and/or Reco	mmendations:					
* Student Comments:						

# Nebraska Weslevan University Athletic Training Program

Consul Medical Exploration	5	951				
General Medical Evaluation						
Student Name: Clinical Site: NWU General Medical Clinical Evaluation of Athletic Trainin		Semest	er:			
(The Preceptor should review the evaluation with the student. Both individuals should			the ex	zalmati	on Th	ne.
evaluation can be returned with the student or submitted to the Clinical Edu					011. 11	10
For each of the following items, please select the number which best describes the athle						
performance. Students will be evaluated only on items the Preceptor has observed the st					ne	
clinical experience.						
5 = Only if Outstanding, 4 = Above Average, 3 = Average, 2 = Below Average, 1 = 3	Not A	ccept	able,			
0 = Not Observed		1				
Personal & Professional Attributes	-	+ -	1 2	1	-	
Adaptable/Flexible – adjusted easily to changes in schedules, able to	5	4	3	2	1	0
handle stressful situations, emergencies, etc.						
Attitude – represented the program in a positive manner, was excited to	5	4	3	2	1	0
be at the clinical site, responded well to instruction and mentoring, and						
used critical thinking skills.						
Communication Skills – effectively communicated with others in	5	4	3	2	1	0
written and verbal form, maintained patient confidentiality, asked						
questions, communicated with Preceptor.						
Cooperation – worked well with peers, Preceptors, and staff.	5	4	3	2	1	0
Empathy/Judgment – placed the patients' well-being as a priority, was	5	4	3	2	1	0
supportive, and was ethical in word and deed.						
Confidence – exhibited confidence in skills and knowledge.	5	4	3	2	1	0
Personal Appearance – dressed appropriately and confidently, was	5	4	3	2	1	0
professional as he/she related to others, and made reasonable decisions.						
Punctual – reported to the clinical experience on time.	5	4	3	2	1	0
Reliable/Dependable/Responsible – present when scheduled, handled	5	4	3	2	1	0
conflict when it arose, etc.						
Self-Improvement – accepted constructive criticism and strove to	5	4	3	2	1	0
enhance knowledge and improve himself/herself.						
General Medical Competencies						
Performed skills and/or demonstrated knowledge associated with taking	5	4	3	2	1	0
a patient's history and vital signs (e.g. pulse, blood pressure,						
respirations, temperature)						
Performed skills and/or demonstrated knowledge associated with	5	4	3	2	1	0
auscultating the heart, lungs, and bowels.						
Demonstrated the ability to utilize an otoscope/ophthalmoscope.	5	4	3	2	1	0
Demonstrated the ability to assist with basic diagnostic tests and	5	4	3	2	1	0
procedures.						
Comments and/or Recommendations:						
Preceptor Signature:	Da	te:				_
Student Signature:	Da	te:				_

### Nebraska Wesleyan University Athletic Training Program Senior Athletic Training Student Exit Survey

## HHP Exit Interview Survey 2017-2018

Name (First Last):

Graduation Date (month, year):

Email (after graduation):

**Phone Number:** 

What are your plans after graduation?

What experience at NWU was the most influential in your life?

Which class (in your major) was the most beneficial AND WHY?

Are there any classes that you would like to see major changes to? AND WHY?

### Athletic Training

Using the numbers below, please indicate your progress since your arrival at NWU for each departmental learning outcome.

- 1-No apparent progress
- 2-Slight progress; I made small gains on this objective
- 3-Moderate progress: I made some gains on this objective
- 4-Substantial progress; I made large gains on this objective
- 5-Exceptional progress: I made outstanding gains on this objective

Demonstrate mastery of the knowledge, skills and abilities required of an entry-level athletic trainer. 1 2 3 4 5

Select 2 things (assignment, project, experience, internship, etc.) from the HHP department and describe how each has helped you achieve progress on this learning objective. Be prepared for employment in a variety of athletic training and healthcare settings. 1 2 3 4 5

Select 2 things (assignment, project, experience, internship, etc.) from the HHP department and describe how each has helped you achieve progress on this learning objective.

Employ skills and communication techniques appropriate for serving diverse patient populations. 1 2 3 4 5

Select 2 things (assignment, project, experience, internship, etc.) from the HHP department and describe how each has helped you achieve progress on this learning objective.

Recognize the importance of being involved in and network through professional organizations. 1 2 3 4 5

Select 2 things (assignment, project, experience, internship, etc.) from the HHP department and describe how each has helped you achieve progress on this learning objective.

Value ethical principles and behavior required of a healthcare professional. 1 2 3 4 5

Select 2 things (assignment, project, experience, internship, etc.) from the HHP department and describe how each has helped you achieve progress on this learning objective.

### AT Program Survey

Using the numbers below, please indicate your feelings on the AT program.

```
1-Strongly disagree
```

5-Strongly agree

The classroom instructors were knowledgeable and provided good instruction. 1 2 3 4 5

Comments:

The clinical assignments provided me the opportunity to learn and acquire new knowledge. 1 2 3 4 5 Comments:

The classroom and laboratory facilities were adequate in size, equipment, and supplies. 1 2 3 4 5 Comments:

The information and skills learned in the classroom were reinforced during the clinical assignment. 1 2 3 4 5 Comments:

The Preceptors were knowledgeable and skilled in their health care area. 1 2 3 4 5 Comments:

<sup>2-</sup>Disagree

<sup>3-</sup>Unsure

<sup>4-</sup>Agree

The ATP has prepared me well for a career in athletic training or health care profession. 1 2 3 4 5 Comments: Describe the strengths of the ATP Program Director. Describe the areas for improvement for the ATP Program Director. Describe the strengths of the ATP Clinical Education Coordinator. Describe the areas for improvement for the ATP Clinical Education Coordinator. Describe the strengths of the supporting faculty. Describe the areas for improvement for the supporting faculty. Describe the strengths of the NWU ATP.

Describe the areas for improvement for the NWU ATP.

### Evaluate NWU Institutional Objectives

Using the numbers below, please indicate your progress since your arrival at NWU for each NWU institutional learning outcome.

- 1-No apparent progress
- 2-Slight progress; I made small gains on this objective
- 3-Moderate progress; I made some gains on this objective
- 4-Substantial progress; I made large gains on this objective
- 5-Exceptional progress; I made outstanding gains on this objective

Thinking & Reasoning: Use critical and creative thinking and quantitative and qualitative reasoning to address complex challenges and everyday problems. 1 2 3 4 5

Communication: Use oral, written, and artistic means of expression to communicate ideas and perspectives clearly while listening openly and learning from others. 1 2 3 4 5

Diversity: Demonstrate knowledge of cultural diversity and of inequalities built into social systems in order to promote inclusivity, equity, and social justice in our communities. 1 2 3 4 5

Collaboration: Learn from one another's strengths and challenges to collaborate and contribute toward a common purpose as both members and leaders of diverse groups. 1 2 3 4 5

Personal & Social Responsibility: Exhibit responsible, ethical, and meaningful civic engagement. 1 2 3 4 5

Integration & Specialization: Demonstrate specialized expertise and integration of ideas, methods, theory, and practice. 1 2 3 4 5

Please provide any additional comments you would like related to the NWU Institutional Objectives:

# Nebraska Wesleyan University Athletic Training Program Graduate Follow-Up Survey Date Completed

Personal Information		Date Completed:
Last Name:		
First Name:		
Full Name with Credentials	(if applicable):	
Home Address:		
Cell Phone Number: (	)	E-mail:
Employment Information Regarding your employment I am pursing a I am currently I am currently Other (explain):	a graduate degree employed seeking job opportunit	ies
Job Title:		
Number of Years at Current	Position:	
Duties (if not obvious from j	job title):	
Name of Employer and Wor	k Address:	
Are you practicing as an AT If not, are you in a health can		rofession:
Work Phone Number: (	)	Work E-mail:
Graduation Year		
Do you have any advanced of	legrees? Yes	No
If yes, please list (MS, MA,	PhD, etc):	
Do you have any certificatio	ons? Yes No	)
If yes, please list (ATC, PT,	MD, EMT, etc.):	

### Please rate each of these items using the following scale: 1 = Poor, 2 = Minimal, 3 = Adequate, 4 = Good, 5 = Excellent (0 = Unable to Answer)

When you started your first job after graduation, how well do you feel the Athletic Training Education Program prepared you for the following areas

	Ladodilon i rogiam pro	,pui (	ou you i	or the	ionown	ig area		
Εc	lucation:							
	How do you feel the courses at NWU pro	epare	ed you fo	r:				
	Further education?	1	2	3	4	5	0	
	BOC exam?	1	2	3	4	5	0	
	Profession of Athletic Training? Comments:	1	2	3	4	5	0	
	After starting your first job after graduate ogram prepared you in these areas? Evidence-Based Practice	ion, l	2	3	u feel th	5	etic Trai 0	ning
	Prevention & Health Promotion	1	2	3	4	5	0	
	Clinical Examination & Diagnosis	1	2	3 3	4	5	0	
	Acute Care of Injury & Illness	1	2 2	3	4	5	0	
	Therapeutic Interventions	1	2 2	3 3	4	5	0	
	Psychological Strategies & Referral	1	2		4	5	0	
	Healthcare Administration	1	2	3	4	5	0	
	Professional Development & Responsibility	1	2	3	4	5	0	
	Comments:							
	culty/Instructors:	_						
3.	How would you rate the knowledge of the	ie Ins						
	& Non-AT courses)? Comments:		1	2	3	4	5	0
4.	How would you rate the knowledge of th	e HI	HP Instru	ictors (	Non-AT	course	s) about	the
	profession of Athletic Training? Comments:		1	2	3	4	5	0
5.	How well did your HHP courses (Non-A	Тсо	urses) re	late to	the kno	wledge,	skills a	nd abilities
	required of an Athletic Trainer? Comments:		1	2	3	4	5	0
6.	How would you rate the assistance you rate	eceiv	ed from	NWU	regardir	ng place	ement be	efore
	leaving and upon graduating? Comments:		1	2	3	4	5	0
Τe	echnology and Resources:							

7. How useful were the instructional aids (anatomical models, videos, books) used in the

program?

		1	2	3	4	5	0
	Comments:						
8.	How would you rate the library resources and ac	cessibil	ity?				
	Comments:	1	2	3	4	5	0
9.	How would you rate the advanced emergency ca	re. bion	nechani	cs. and	exercise	e physic	ology lab
	resources? Comments:	1	2	3	4	5	0
10	.How would you rate the equipment available in	all of th	e Athle	tic Traiı	ning cou	ırses?	
	7 1 1	1	2	3	4	5	0
	Comments:						
11	.How would you rate the Athletic Training Room	and otl	her AT	lab spac	es (WC	2 105)?	
		1	2	3	4	5	0
	Comments:						
12	.How would you rate the Clinical Sites utilized by	y the At	thletic T	raining	Progra	m (on &	દે off-
	campus)?	1	2	3	4	5	0
	Please list the sites you rate the highest and why	· ·					
	Please list the sites you rate the lowest and why:						
	Additional Comments:						

### Please rate each of these items using the following scale: 1 = Improvement Advised, 2 = Below Average, 3 = Average, 4 = Above Average, 5 = Excellent

(0 = Not Observed)

Courses Required for the Athletic Training Major:										
BIO 1090	Human Anat & Phys	5	4	3	2	1	0			
BIO 1100	Human Anat & Phys	5	4	3	2	1	0			
PSYCH 2450	Health Psychology	5	4	3	2	1	0			
AT 1270	Advanced Emergency Care	5	4	3	2	1	0			
AT 1300	Prevention & Care of Ath Inj	5	4	3	2	1	0			
AT 2010	AT Clinical Experience I	5	4	3	2	1	0			
AT 2020	AT Clinical Experience II	5	4	3	2	1	0			
AT 2400	Physical Exam of Lower Ext	5	4	3	2	1	0			
AT 2410	Physical Exam of Upper Ext	5	4	3	2	1	0			
AT 2450	Therapeutic Modalities	5	4	3	2	1	0			
AT 3010	AT Clinical Experience III	5	4	3	2	1	0			
AT 3020	AT Clinical Experience IV	5	4	3	2	1	0			
AT 3330	Health Assessment	5	4	3	2	1	0			
AT 3600	Rehabilitation of Ath Inj	5	4	3	2	1	0			
AT 4010	AT Clinical Experience V	5	4	3	2	1	0			
AT 4020	AT Clinical Experience VI	5	4	3	2	1	0			
AT 4350	Org and Ad of Ath Training	5	4	3	2	1	0			
AT 4980	Capstone Seminar in HHP	5	4	3	2	1	0			
AT 4990	Senior Assessment	5	4	3	2	1	0			
HHP 2010	Drugs in Modern Society	5	4	3	2	1	0			
HHP 2500	Human Nutrition	5	4	3	2	1	0			
HHP 2650	Strength Training & Cond	5	4	3	2	1	0			
HHP 3850	Biomechanics & Kinesiology	5	4	3	2	1	0			
HHP 4150	Exercise Physiology & Lab	5	4	3	2	1	0			

Comments concerning the above courses:

13.Please list the <u>strengths</u> of the NWU Athletic Training Program:

14.Please list <u>suggestions</u> you have to improve the NWU Athletic Training Program: